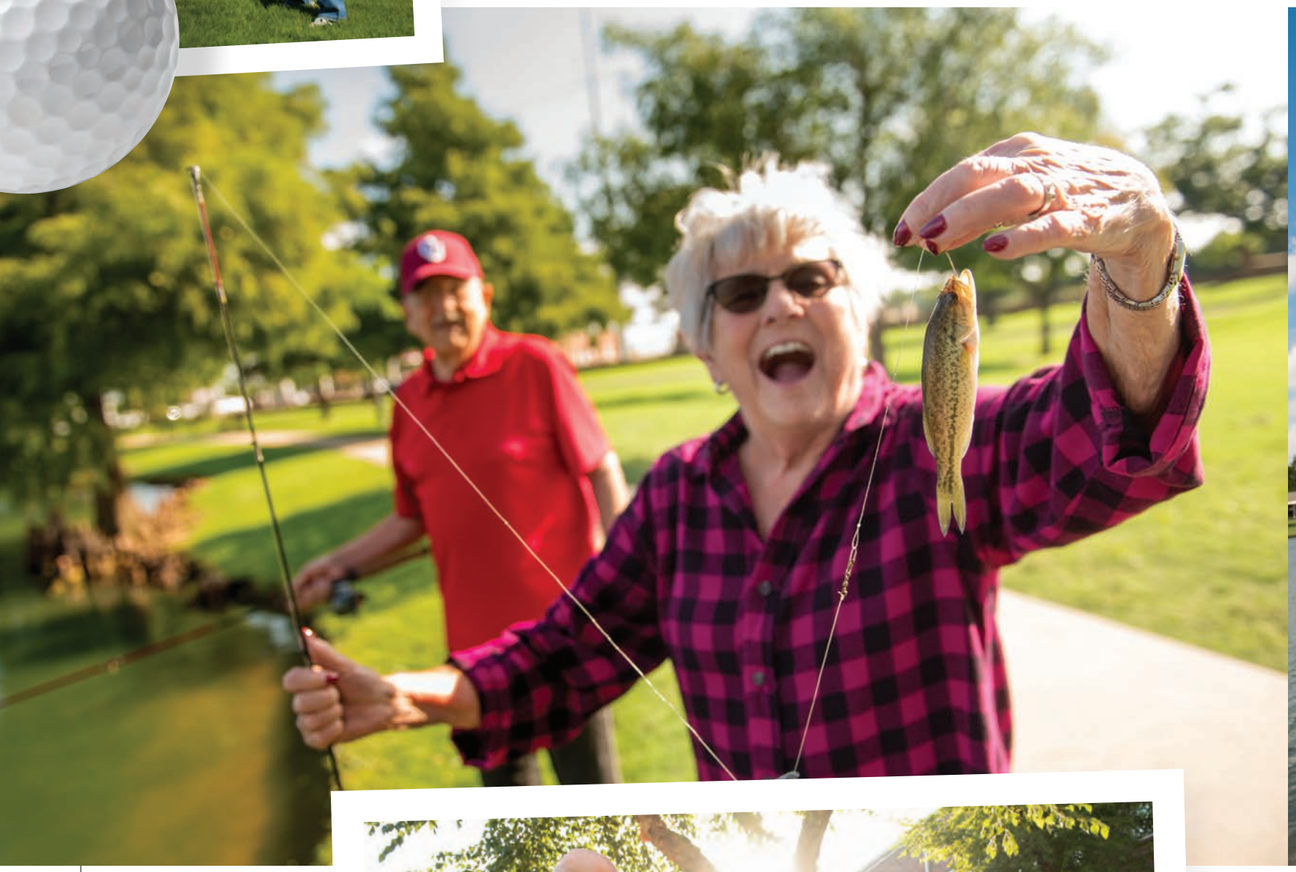
Thriving. *Together.*

EPWORTH VILLA

A Life Plan Community

At Epworth Villa, independence means you decide what you want to do and when you want to do it. Eat your meals when you want to, not when someone else's schedule dictates it. Use our amenities, like our Fitness Center, when it's convenient for you, not us. And come and go as you please, whenever you please. Because our front door is always open and there is always someone there to greet you.



The friendliness people feel whenever they come to Epworth Villa is on display at all three dining venues. The Redbud Room is our most formal dining venue, while The Bistro offers a more casual environment and menu. Finally, The Café offers casual dining as well as grab-and-go items for breakfast and lunch from a cheerful two-story atrium flooded with natural light.

Friendly. Welcoming. Independent. At Epworth Villa, you'll find people enjoying all the independence they want, yet all bound to each other in a spirit of community that says "We're all in this together."

Wellness.

We view it as a well-balanced approach to a healthy life that challenges each of us to participate in body, mind, and spirit. So we offer a whole range of classes, programs, and other opportunities designed to help you pursue wellness on your own schedule and at your own pace.

BODY: *We offer a well-appointed Fitness Center open 24 hours a day that features state-of-the-art equipment designed specifically for older adults. Residents can enjoy an indoor heated swimming pool and Jacuzzi as well as a variety of classes. Plus, our on-staff Wellness Coordinator and personal trainer is ready to help with a personal plan to improve strength, flexibility, range of motion, and stability.*

MIND: *We are proud to be associated with the Osher Lifelong Learning Institute (OLLI) at Oklahoma State University. Funded by the Bernard Osher Foundation, a wide range of classes are offered each semester at locations in Oklahoma City and the surrounding area, including classes that meet at Epworth Villa.*

SPIRIT: *As a faith-based community, Epworth Villa welcomes people of all faiths. Additionally, we encourage each resident to be mindful of their spirit, however they may define that part of their life. We think spirit is that third leg in the sturdy three-legged stool of wellness that helps each of us brighten our own lives, while being there to help others brighten theirs.*

Your home and lifestyle. They just go hand in hand. So here, your apartment or cottage/garden home brings you just as much freedom as your lifestyle does. Enjoy flat-linen service, housekeeping, an assigned parking space, and all maintenance. You won't even have to change a light bulb if you don't care to.

At Epworth Villa, we offer two Life Plan options for independent living residents. In addition, we offer the full continuum of care, including assisted living, memory support, rehabilitation and nursing care—all on one campus. Each living option has a professional staff dedicated to providing the best experience to every resident.

But mostly, think of your new home as your "home base" for exploring all the services and wonderful amenities Epworth Villa has to offer, and all of Oklahoma City you haven't yet seen.

Freedom. Independence. Safety. Community. They're all waiting for you right here. You've taken the first step forward toward the kind of life and lifestyle you've hoped for. Why not take the next step and start getting answers to the questions you really want to ask? Make an appointment to learn more and call us at (405) 752-1200.

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At Epworth Villa, enjoying life to its fullest is an everyday opportunity. So whether you enjoy spending time with new friends who share your interests, or are inclined to follow a more solitary path, the options are many and the choices are all yours.

FOR YOUR HOME

- *All utilities except telephone*
- *Basic cable television*
- *All exterior and interior maintenance*
- *Weekly flat-linen service*
- *Housekeeping services every other week*

FOR YOUR DINING PLEASURE

- *Flexible dining plans*
- *Private dining room*
- *Three different dining venues, from formal to casual*

FOR YOUR COMFORT AND CONVENIENCE

- *Coffee shop and convenience store*
- *Barber and beauty shop and spa services*
- *Thrifty Pharmacy*
- *Mercy Clinic (open M-F 8-5)*
- *BancFirst branch*
- *Individual mailboxes*
- *Meeting rooms*
- *Guest suites*
- *Regularly scheduled transportation service to nearby shopping*
- *One free covered parking space for each North and South Wing apartment*
- *One free underground garage parking space for each East Wing apartment*

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SERVICES *and* AMENITIES

FOR YOUR SPIRITUAL WELL-BEING

Brill Chapel featuring:

- *Spacious sanctuary open every day*
- *Weekly Vespers services*

FOR YOUR SAFETY

- *24-hour emergency call system in each residence*
- *24-hour security service*

FOR FUN AND FASCINATION

- *Recreational, cultural, educational and spiritual programs*
- *40 acres of beautiful grounds with gardens, walking trails, lake and gazebo*
- *Community garden*
- *Movie theater*
- *Grand Ballroom*
- *Woodworking shop*
- *Arts and crafts studio*
- *Library with Metropolitan Public Library book exchange*
- *Private living room with cozy fireplace and private dining rooms for entertaining family and friends*
- *Card room*

FOR YOUR PHYSICAL AND MENTAL HEALTH

Fitness Center featuring:

- *Comprehensive list of exercise classes*
- *On-site instructor*
- *Indoor heated pool and whirlpool*
- *Personalized fitness programs*

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FROM YOUR LIVING ROOM TO THE GREAT OUTDOORS, YOU HAVE A WHOLE CAMPUS TO ENJOY.

A remarkable selection of independent living apartment and cottage floor plans set the stage for your new lifestyle. Apartments range in size from 405 to 1,544 square feet. Cottage duplexes range from 1,400 to 2,256 square feet. And garden homes are 2,256 square feet.

Our 40-acre campus features gardens, walking trails, a lake and gazebo, and even a community garden with individual space for you to grow whatever your heart desires.

If you haven't already, make an appointment to come see for yourself. All you have to lose is the chance to learn so much more.

And, oh yes, pets are always welcome.

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EPWORTH VILLA

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SITE MAP

LEGEND

- **A** Town Center
  - 1st Floor: Bistro, Café and Wellness Center
  - 2nd Floor: Movie Theater, Salon and Day Spa, Card Room, Game Room and Grand Ballroom
- **B** Dining Services
  - Redbud Room
  - Kitchen
- **C** Grand Lobby
  - Coffee Lounge
  - Library
  - Joe White Living Room
- **D** North Wing Independent Living Apartments
- **E** South Wing Independent Living Apartments
- **F** East Wing Independent Living Apartments
- **G** Mechanical Building
- **H** Indoor Pool
- **I** Nursing Services, Skilled and Medicare Rehab
- **J** Traditional and Memory Care Assisted Living
- **K** Community Services
  - BancFirst
  - Mercy Clinic
  - Thrifty Pharmacy
- **L** Grounds and Woodworking Shop
- **M** Brill Chapel
- **1-26** Independent Living Cottages and Garden Homes

A FULL COMPLEMENT OF QUALITY CARE YOU CAN TRUST, ALL UNDER ONE ROOF.

ASSISTED LIVING

At Epworth Villa, we offer a comprehensive approach to Assisted Living, from providing help with bathing and dressing to medication management, personal grooming assistance, and much more.

Our dedicated assisted living neighborhood is an integrated extension of all that makes Epworth Villa such a friendly, welcoming place to live. Highly trained, caring staff, well-appointed suites, and complete access to all the services and amenities we have to offer combine to help every resident get the most out of life no matter where in life they are.

MEMORY CARE

Assisted Living Memory Care is designed to help residents and their families experience the safety and dignity they need that will result in the quality of life everyone deserves. For those whose cognitive decline has progressed beyond this point, we offer a higher level of care and supervision in our long-term care neighborhood.

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REHABILITATION

We offer the outstanding rehabilitation program you need to recover from an injury or surgery and get back to the life you want for yourself. Services include physical therapy, occupational therapy, speech therapy, wound care, and much more.

SKILLED NURSING

After a hospital stay, you might not be able to take care of yourself at home just yet. Our licensed nursing and therapy teams work with you, your family, and your physician to develop a coordinated plan of care specifically for you. Just speak with your hospital discharge manager and let him or her know you'd like to come to Epworth Villa. We'll work together and make sure everything goes smoothly.

LONG-TERM CARE

We believe the best approach to achieving good health and wellness is to focus on the three-legged foundation of body, mind, and spirit. Our qualified, licensed, and certified professionals strive every day to make sure all residents receive not just 24-hour care, but also the encouragement they need to reach for all that life can offer. Through therapies, conversation, activities, and more, residents are engaged with staff and each other to lead fuller, happier lives.

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LifeCare at Epworth Villa is an easy-to-understand, all-encompassing, financially practical solution to the problem that everyone over the age of 65 faces*—what to do about protecting you, your assets, and your family from the escalating future costs of long-term care.

With LifeCare, you pay a one-time entrance fee and a monthly service fee. This provides you with lifetime access to your apartment or cottage home and the financial security of knowing that any short- or long-term health care needs will be met right here at Epworth Villa with minimal increase in the monthly service fee. So if you ever need care, you know where you'll receive it, who will provide it, and what it will cost.

In addition, with LifeCare, a portion of your entrance fee is deductible on your federal income tax return as a pre-paid medical expense. We encourage you to consult with your personal tax advisor for more information.

* *According to the Department of Health & Human Services, 68% of Americans 65 and older will need long-term care of some type at some point in their lives, and will need it for an average of 3 years.*

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HOW CAN LIFECARE AND LONG-TERM CARE INSURANCE WORK TOGETHER?

If you have a long-term care insurance policy, you may be eligible to receive benefits from that policy if you need assisted living, memory support or skilled nursing. In all likelihood, your policy will work hand in hand with LifeCare and pay earned benefits directly to you.

As with all insurance issues, you should consult with your insurance carrier or agent for specific answers regarding your individual policy.

THE KEY BENEFITS OF LIFECARE AT EPWORTH VILLA

- Outstanding estate protection through a one-time, partially refundable entrance fee
- Guaranteed lifetime priority access to on-site assisted living, memory support and skilled nursing, once you've been approved for LifeCare and have paid the entrance fee
- Predictable monthly service fee, giving you protection from any concern about increasing future out-of-pocket costs of care
- Lifetime residency even if you outlive your resources; no family financial burden
- The potential for substantial tax benefits

LifeCare is a great way to protect you, your assets, and your family from the escalating future costs of long-term care. To learn more about LifeCare at Epworth Villa, details on pricing and residence availability, and to make an appointment, contact us today at (405) 752-1200 or info@epworthvilla.org.

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COST *of* LIVING WORKSHEET

CURRENT MONTHLY COST		EPWORTH VILLA MONTHLY COST	
Mortgage, Rent	$_____	Monthly Service Fee	$_____
Gas/Propane	$_____	Gas	*Included*
Water/Sewer	$_____	Water/Sewer	*Included*
Electricity	$_____	Electricity	*Included*
Telephone/Internet	$_____	Telephone/Internet	$100 (avg.)
Trash/Recycling	$_____	Trash/Recycling	*Included*
Cable TV	$_____	Cable TV *(Cox TV Starter & TV Essential Packages)*	*Included*
Real Estate Taxes	$_____	Real Estate Taxes	*Included*
Lawn Service *(Spray, Aeration)*	$_____	Lawn Service *(Spray, Aeration)*	*Included*
Grounds Keeping *(Cutting, Edging, Tree Service, Snow Removal)*	$_____	Grounds Keeping *(Cutting, Edging, Tree Service, Etc.)*	*Included*
Gutter Cleaning	$_____	Gutter Cleaning	*Included*
House Cleaning (Every Other Week)	$_____	House Cleaning (Every Other Week)	*Included*
Pest Control	$_____	Pest Control	*Included*
Home Upkeep *(Plumbing, Roofing, Painting)*	$_____	Home Upkeep *(Plumbing, Roofing, Painting)*	*Included*
Major Appliances *(Repair & Replace)*	$_____	Major Appliances *(Repair & Replace)*	*Included*
Meals/Food	$_____	Meal Plan	*Included*
Fitness Center Fees	$_____	Fitness Center Fees	*Included*
Homeowners Ins.	$_____	Renters Insurance	$ 25 (avg.)
TOTAL	$_____	TOTAL	$_____

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