



EPWORTH VILLA HAPPENINGS...

Where you can Get Involved, Get Going, Gain Knowledge

Vol. 4, Issue 7
Week of February 13, 2019

Editor: Susan Williams
Community Activities Coordinator

EDITION HIGHLIGHTS:

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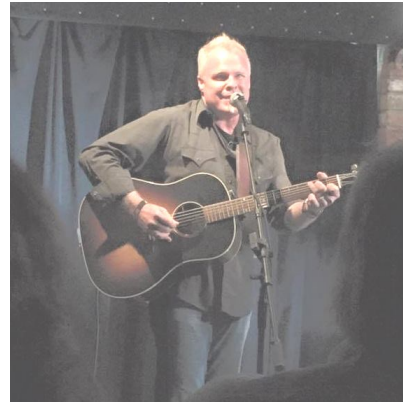
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MATT BLAGG
FRIDAY, FEBRUARY 15TH
7:00 pm
GRAND BALLROOM

Once in a great while, an artist emerges whose works defy boundaries. Matt's music crosses not only the boundaries of musical genre, but also those of age, culture and perspectives. At the end of the day, we all share many of the same joys and heartaches. Life's journey can be rocky, especially if we're alone. Matt's music brings friends and families together with an encouraging and uplifting message. Not just a singer, this musician builds trumpeting and poignant lyrics into songs that encourage us along our daily walks.



<https://epworthvilla.org/communitylife/resident-calendar/>



EPWORTH VILLA

An Epworth Living Community



WOMEN'S COFFEE
WEDNESDAY, FEBRUARY 13TH
10:00 am GATHERING & 10:30 am PROGRAM
REDBUD



Guest speaker for the coffee this month will be Kathryn Peterson who is the Special Agent in Charge of the Federal Bureau of Investigation office in Oklahoma City.

In July 2016, FBI Director James B. Comey appointed Kathryn Peterson as the Special Agent in Charge (SAC) of the Oklahoma City Field Office, which covers the state of Oklahoma. Ms. Peterson began her career with the FBI in May 1990 and was first assigned to the Milwaukee Field Office, where she worked criminal and national security investigations. In 1995, she served a 60-day temporary duty assignment in support of the FBI's investigation of the Alfred P. Murrah Federal Building bombing. As a member of the Milwaukee Field Office's SWAT team, she also assisted in the manhunt for Olympic Park bomber Eric Rudolph and participated in the Montana Freeman standoff. In 1999, Ms. Peterson was promoted to the position of Supervisory Special Agent (SSA) in the National Security Division at FBI Headquarters (FBIHQ) in Washington, D.C. From 2003 to 2010, Ms. Peterson served in the Chicago Field Office, supervising counterintelligence and counterterrorism investigations. Following assignments as Assistant Section Chief in the Counterterrorism Division at FBI Headquarters and Assistant Special Agent in Charge of the Albany Field Office, Ms. Peterson was promoted in 2014 to the Senior Executive Service as an Inspector in the Inspection Division at FBIHQ. In this assignment, she led on-site performance and leadership inspections of field and FBIHQ divisions and conducted agent-involved shooting investigations.

Prior to joining the FBI, Ms. Peterson served as a U.S. Army intelligence analyst in occupied Berlin. She is a graduate of the University of Iowa and the Defense Language Institute, and is a recipient of the Director's Award for Outstanding Counterterrorism Investigation and the National Intelligence Exceptional Achievement Medal. She currently resides in Edmond, Oklahoma.



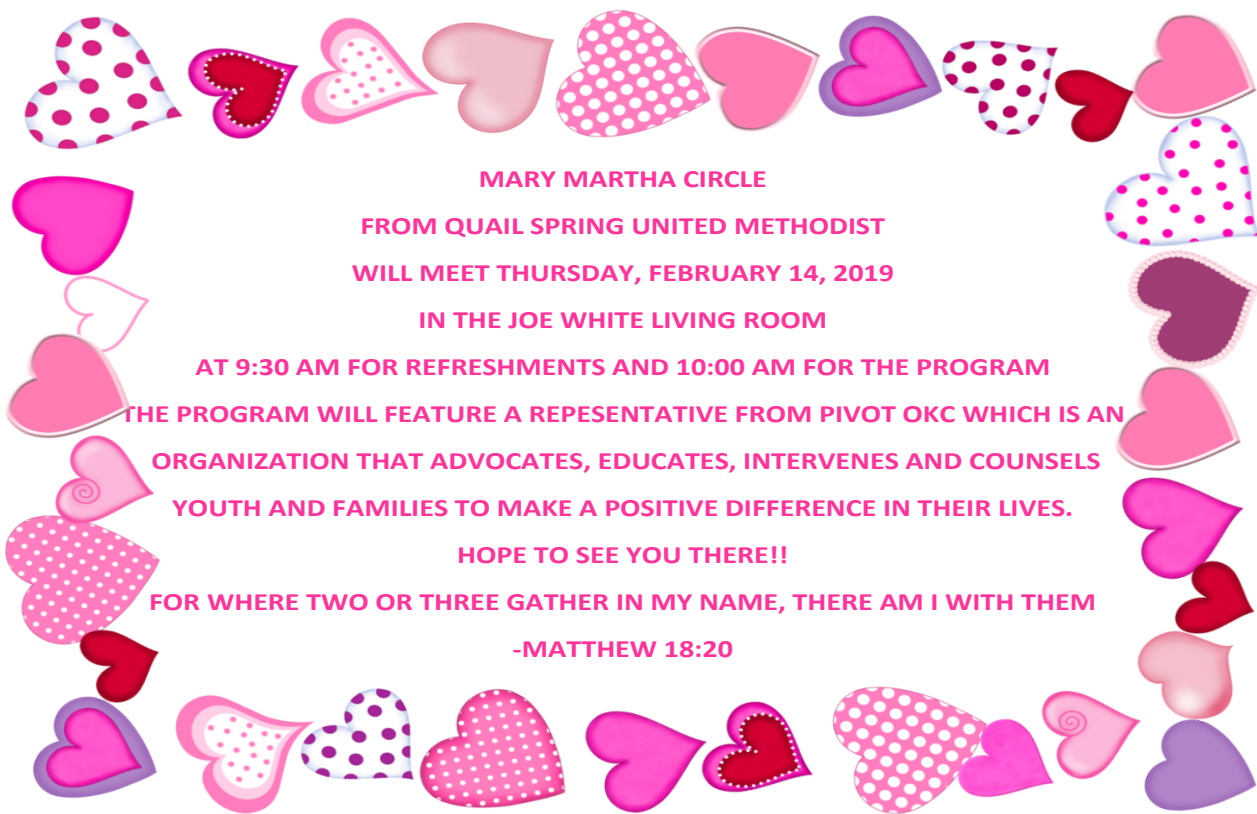
**QUAIL SPRINGS UNITED
METHODIST CHURCH
EARLY CHILDHOOD PROGRAM
TO SING
WEDNESDAY, FEBRUARY 13TH
STARTING AT 10:00 AM IN THE
COFFEE LOUNGE**

**EPWORTH VILLA BOOK CLUB
WEDNESDAY, FEBRUARY 13TH**

1:30 PM

JOE WHITE LIVING ROOM

Everyone is welcome to join us for book club. Just bring a book that you have either read or are in the process of reading. Those in attendance will share with everyone a little about the book and why they enjoyed reading it. So come join the fun! Hope to see you there.



MARY MARTHA CIRCLE

FROM QUAIL SPRING UNITED METHODIST

WILL MEET THURSDAY, FEBRUARY 14, 2019

IN THE JOE WHITE LIVING ROOM

AT 9:30 AM FOR REFRESHMENTS AND 10:00 AM FOR THE PROGRAM

THE PROGRAM WILL FEATURE A REPRESENTATIVE FROM PIVOT OKC WHICH IS AN ORGANIZATION THAT ADVOCATES, EDUCATES, INTERVENES AND COUNSELS YOUTH AND FAMILIES TO MAKE A POSITIVE DIFFERENCE IN THEIR LIVES.

HOPE TO SEE YOU THERE!!

FOR WHERE TWO OR THREE GATHER IN MY NAME, THERE AM I WITH THEM

-MATTHEW 18:20

History of Valentine's Day

Valentine's Day, Feb. 14, is a time to exchange greeting cards and gifts with loved ones. Possible origins, and some history:

Lupercalia festival

■ Feb. 15 festival celebrated coming of spring in Roman calendar; several rites connected to fertility; festival transformed, spread to France, Britain.



Christian martyr

■ Early Christian church had at least two saints named Valentine; one, who secretly married young couples, was executed on Feb. 14, about 269 A.D.

Cupid, also known as Amor (Roman god) or Eros (Greek mythology), is holiday symbol

1415

French duke, imprisoned by British, is first to send love poetry on Valentine's Day



1800s

First commercial cards from England in early 1800s; in 1847, first U.S. manufacturer

1900s

Mass-production of products, marketed to newly emerging middle-class



SUNDAY SCHOOL

SUNDAY, FEBRUARY 17TH
BRILL CHAPEL

9:30 AM

THE MOTHER OF ALL BOMBS

Psalm 66

As the writer sat down to write this commentary, the radio informed him that the US military had just dropped a MOAB (Massive Ordnance Air Blast) bomb in a strike in Afghanistan. Nicknamed the “Mother of All Bombs”, MOAB is the largest nonnuclear bomb in the US arsenal. Due to its massive size – 21,000 pounds and 30 feet long – it can't be delivered like other conventional bombs. It is transported within range of its target by a specially modified cargo plane, released, and then remotely guided to its target. One MOAB yields an explosive force equivalent to 11 tons of TNT.

The power of the bomb wasn't limited to battlefield. The MOAB also took over the news cycle. Whatever else the commentators planned on discussing that day fell by the wayside. Pundits debated whether such a show of force was justified and speculated on the political implications of the event. Others wondered if there was justification for such a weapon to exist at all. Throughout the day, world governments weighed in with messages of support or condemnation regarding the use of the bomb. The entire world took notice when a weapon of the magnitude was unleashed.

Psalm 66 explores a different type of might – God's power. God's mighty acts toward Israel were so great that every nation had to take notice and react.



VESPERS
THURSDAY, FEBRUARY 14TH
3:30 PM
BRILL CHAPEL



Vespers speaker will be Rabbi Vered Harris,
Spiritual Leader at Temple B'nai Israel in Oklahoma City.

Music by the Villa Voices: *“How Firm a Foundation”*

VESPERS
THURSDAY, FEBRUARY 21ST
3:30 PM
BRILL CHAPEL

Vespers speaker will Rev. Amy Rogers, Pastor at First United
Presbyterian Church in Guthrie, OK.

Music by the Villa Voices: *“I Know Whom I Have Believed”*





VALENTINES MENU



←☞ *Choice of one Starter* ☞←

PROSCIUTTO WRAPPED MELON

**GREEN SALAD WITH CANDIED PECANS, DRIED
CRANBERRIES AND APPLES**

←☞ *Choice of one Entrée* ☞←

**CENTER CUT FILET MIGNON WITH PRAWNS AND CLARIFIED
BUTTER \$23.00**

**SUNFLOWER SEED CRUSTED RED SNAPPER WITH ROASTED
BRUSSELS SPROUTS \$18.00**

MAPLE LEAF FARMS ALL NATURAL ROAST DUCK \$17.00

←☞ *Choice of one Dessert* ☞←

**LONG STEM STRAWBERRIES, MARSHMALLOW & WARM
CHOCOLATE SAUCE**

3 CAPPUCINO MOUSSE WITH COFFEE CREAM SAUCE

RED VELVET CAKE





NOTE FROM DR. OWENS, EPWORTH VILLA PHYSICIAN, TO ALL EPWORTH VILLA RESIDENTS, STAFF AND VISITORS:

PLEASE, if you have any flu like symptoms, stay away from ALL activities and AWAY from other residents. This flu is extremely bad and has been putting people in the hospital or worse.

COFFEE CHAT WITH THE CEO

Enjoy coffee with the CEO, Thursday, February 14th, starting at 10:00 am in the Coffee Lounge. Ron's guest this week will be Beth Case, Community Outreach Coordinator. These coffees are being held every Thursday to give residents an opportunity to chat in an informal setting.



YOUR FEEDBACK MATTERS

Bill M. would like some feedback on how residents are liking the movies on Saturday evening and replay on Wednesday evening each week. If you have any suggestions or comments, please let him know.



ATTENTION RESIDENTS!!

PLEASE CHECK DAILY ON ETVV CHANNEL 1960 AND/OR THE DIGITAL BOARD AND BULLETIN BOARD IN THE HALL BY THE MAILROOM FOR DAILY EVENTS. SOMETIMES EVENTS OR ACTIVITIES HAVE TO BE POSTPONED OR CANCELLED. IF THIS SHOULD HAPPEN, NOTICE WILL BE POSTED IN THESE PLACES!!



Fitness on the Floors Schedule for February 2019

Friday, February 15: 1 North

Friday, February 22: 2 South

We will start at 10:30 am.

Bring your neighbor!



BASIC LINE DANCING CLASS FRIDAYS IN FEBRUARY 9:30—10:30 AM WELLNESS STUDIO

Would you like to learn how to Line Dance? Well here is your chance! Fridays in February from 9:30-10:00 am, Ginger H. will be teaching a beginning line dancing class in the Studio.

Participants will learn basic steps and simple dances. Women and men are welcome to come and give it a try.

Winter Film Festival

FEBRUARY 17th - 22nd



ROBERT DUVAL'S GREATEST ROLES

2:00pm

Epworth Villa Theater

Sunday, Feb. 17th Tender Mercies

Monday, Feb. 18th The Apostle

Tuesday, Feb. 19th Secondhand Lions

Wednesday, Feb. 20th The Great Santini

Thursday, Feb. 21st The Judge

Friday, Feb. 22nd The Godfather Part II

Saturday Matinee Movie

February 23rd

2:00pm

CRAZY RICH ASIANS



Corner Bakery Cafe will now be providing food deliveries on Sunday nights! Meal options include:

• **CHOOSE TWO**

- ◊ 1/2 Sandwich (see order form for options)
- ◊ Cup of Soup (call front desk on Fridays for soup of the day)
- ◊ Café Fresh Salad

• **HANDCRAFTED PASTAS**

- ◊ Pesto Cavatappi
- ◊ Linguine & Meatballs
- ◊ Mac & Three Cheese

• **FRESH SALADS**

- ◊ Chopped Salad
- ◊ Harvest Salad
- ◊ Classic Caesar

Order forms available at the front desk and must be turned in to Michele by **1:00 p.m. on FRIDAYS**

Meals will be delivered on **SUNDAY evenings at 5:00 p.m.**

***THIS NEW SERVICE WILL START SUNDAY, FEBRUARY 17th.** Orders for Sunday the 17th will need to be in to Michele on Friday, February 15th BY 1:00 PM.

***ONLY ORDERS RECEIVED BY 1:00 pm ON FRIDAYS WILL BE CALLED IN!**

*Michele has the order forms at the front desk.

*Orders will be billed to your Epworth Villa Account.

NOTE: This is separate from your meal plan.

*If you should have any questions, please contact Laura Garrett.



INQUIRING MINDS
MONDAY, FEBRUARY 18TH
7:14PM
WELLNESS CENTER
10 THAT CHANGED AMERICA

MODERATORS: Mickie & Ed D.

PART 1: Modern Marvels

Join host Geoffrey Baer as he takes viewers across the country to the places that have shaped and changed America.

It's a whirlwind tour of 10 engineering feats that made our civilization possible. 10 Modern Marvels that Changed America is a show about engineers who've scoffed at the laws of nature. They've defied the naysayers — and sometimes even gravity — by undertaking amazing feats of engineering. Each story in this episode includes a fun physics lesson and a tale of human folly.

We begin at the Erie Canal, a 363-mile-long man-made waterway that was built in the 19th century by thousands of laborers using primitive hand tools. Then we'll show how professional engineers connected our growing nation by building magnificent bridges, intricate rail networks, and a continent-wide system of freeways. And we'll discover the extreme measures that engineers have taken to deliver water from distant rivers to our kitchen sinks. It's easy to take these modern marvels for granted. After all, we usually access our roads, bridges and drinking water effortlessly. But behind many of our daily conveniences there is a clever engineer, and a remarkable story.



**DO YOU NEED HELP WITH YOUR
iPHONE OR COMPUTER???**



Volunteer Jonah Clark, son of Kevin Clark, will be **coming to Epworth on Thursdays starting FEBRUARY 7th** to help anyone wanting one-on-one assistance in their apartment. If you are interested, **please sign up in the 'Count Me In' book** at the drivers' desk. You will need to put your name, apartment number and a phone number, so he can get in contact with you. **He will take two people each Thursday; one at 3:30 pm and one at 4:30 pm.**

**** IF YOU MUST CANCEL AFTER SIGNING UP, PLEASE DO SO 24 HOURS IN ADVANCE BY CALLING KEVIN CLARK AT 749-3519.****

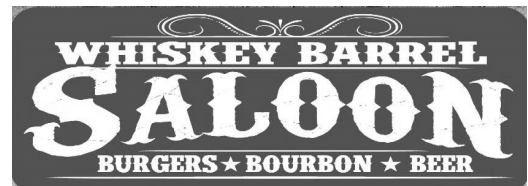


BLOOD PRESSURE CLINIC
TUESDAY, FEBRUARY 19TH
9:30 - 10:30 AM
COFFEE LOUNGE

HAVE YOU HAD YOUR BLOOD PRESSURE CHECKED RECENTLY?

Blood pressure is the force of blood pushing against the walls of the arteries that carry blood from your heart to other parts of your body.

LUNCH OUT @ THE WHISKEY BARREL SALOON
TUESDAY, FEBRUARY 19TH
LEAVE @ 11:15 am



Come join the 'lunch bunch' for lunch out at the Whiskey Barrel Saloon. Don't let the name fool you, they have great comfort food including soups, chicken pot pie, chicken fried steak and friend catfish. It's a restaurant with a real downhome atmosphere that you are sure to enjoy!! They also are very reasonably priced for what you get.



If you are interested in going, please sign up in the 'Count Me In' book at the desk **BY MONDAY, FEBRUARY 18th AT NOON**. So give it a try, you won't be disappointed you did!

For more information and to look at the menu, go to: <https://www.wbsokc.com/>

REMINDER: IT'S TIME TO TURN IN YOUR JANUARY VOLUNTEER HOURS. Please have them in BY FEBRUARY 15th.

PLEASE MAKE SURE TO PUT YOUR NAME ON YOUR SHEET!!

Please return to the *WHITE BOX* at the *RECEPTION DESK* Marked *Susan's Box* or Take them to *Susan's Office*

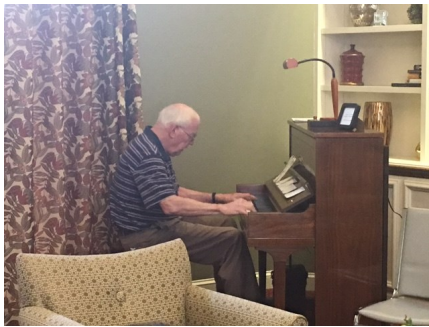


TUESDAY, FEBRUARY 19th

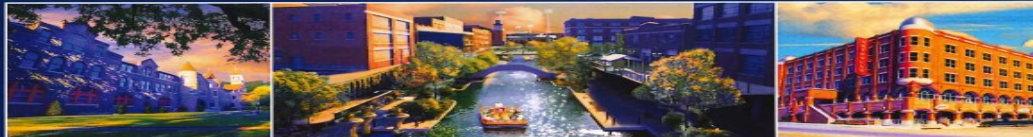
3:00 PM

SOUTH CLASSROOM

HearingLife will be at Epworth Villa on Tuesday, February 19th beginning at 3:00 pm in the South Classroom, to help with your hearing aid needs. Free cleaning and adjustments of your existing hearing aids, servicing your existing hearing aids, minor repairs at no charge, battery supplies and other assisted listening devices at a discounted price. They can also answer any questions you may have regarding your hearing or hearing aids at that time. **No appointment or sign up is necessary, just SHOW UP if you need help with your hearing aid.** <http://www.hearinglife.com/>



GARY JOHNSON
“MISTER PIANO MAN”
WEDNESDAY, FEBRUARY 20TH
3:00 PM
JOE WHITE LIVING ROOM



BANKING MADE EASY

Personal Online Banking • Debit card with rewards
On-site 24 hour ATM • Safe deposit boxes
Trust Services & Estate Planning

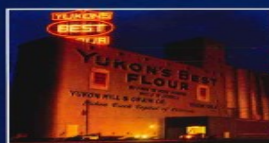
Visit **Anita Rucker** for all your banking needs!
Mon-Wed-Fri • 9am – 3pm

BancFirst
Loyal To Oklahoma & You™

MEMBER
FDIC

WWW.BANCFIRST.COM

LEADER





****TOWN HALL**

**THURSDAY, FEBRUARY 21ST
CHURCH OF THE SERVANT
BUS LEAVES @ 10:00 AM
RETURN AROUND NOON**

****YOU MUST SIGN UP IN THE 'COUNT ME IN' BOOK
(under the tab for theater) TO RIDE THE BUS.**

**BINGO WITH BILL
FRIDAY, FEBRUARY 22ND
7:15 PM
REDBUD ROOM**



**THANK
YOU**

Thank you. Thank you. Thank you...And Merry Christmas!

Merry Christmas? This is February.

We often verbally thank the Epworth staff for their excellent work. However, there is another

way to say, "Thank you." During the annual Residents Association Christmas Party, we can all say thank you with a monetary gift.

Think about the wait staff member who remembers that you like hot water with your meals. Or the staff member who always has a big smile as he/she greets you in the hallway. Or the staff member who gives the extra assistance to fix a personal item in your apartment. Or the staff member who works in one of the households with gentle touches and smiles.



**Feb. 23rd
10AM-2PM**

Bring in your softest friends for a check-up and get the chance to adopt one of Oklahoma ER & Hospital's clinic teddy bears!



15103 N. Pennsylvania Ave. Edmond, OK 73013 • (405) 251-2300 • www.OKERhospital.com



*Pianist Gathan Graham
Playing Your Favorite Hymn Requests & More*

The last Sunday of every month at 4:30pm | Epworth Villa (In the Chapel)

gathan graham
music, inc.

www.gathangraham.com

Sunday, FEBRUARY 24th at 4:30 pm in the Brill Chapel. Everyone welcome!!



VOLUNTEER FOR THE BABIES!

**Infant Crisis Services
will be here**

WEDNESDAY, FEBRUARY 27TH

1:00 PM

ART CORNER



Infant Crisis Services, Inc.
No baby should go hungry



WARD 8 CITY COUNCILMAN

MARK STONECIPHER

THURSDAY, FEBRUARY 28TH

2:00 PM

GRAND BALLROOM

Ward 8 City Councilman Mark Stonecipher is a lifelong resident of Oklahoma City and believes that neighborhood associations are one of the most vital parts for a strong and successful Oklahoma City. Prior to his election, Mark was involved in the life of this City by serving as President of two different neighborhood associations, serving on the Board of Adjustment and serving as a member of former Mayor Mick Cornett's task force revising the OKC Charter, which is Oklahoma City's governing document.

Mark currently serves as the Vice Mayor of Oklahoma City and has worked closely with Mayor David Holt on some of the most important issues facing the city, including most recently the hiring of new City Manager Craig Freeman.

Since his election in 2015, Mark has worked non-stop to improve Ward 8 by dramatically increasing the number of resurfaced roads, planning and approval of new soccer fields for our children and planning and approval of a new 131-acre park. He has also helped obtain an additional \$3.5 million for an expansion of our new MAPS 3 Senior Health and Wellness Center and, as a member of the City Council, is overseeing the implementation of Better Streets, Safer City, which includes an additional 129 police officers and 57 firefighters to make our community safer. In addition to what roadwork has recently been completed, and the current work being performed, efforts are underway for an additional 52 miles in Ward 8.

A graduate of Heritage Hall High School, Mark received his undergraduate degree from Oklahoma City University and his Juris Doctor degree from the University of Oklahoma. He is an attorney with the Fellers Snider law firm and practices in the areas of oil and gas, land use, environment and business law. Mark has been married to his wife, Debbie, for 36 years. They have lived in Ward 8 almost 30 years, and are members of Crossings Community Church.



PARKING STICKERS ARE HERE!

We have parking stickers for your cars. Please come to the front desk any time from 8-2 to pick one up if you would like one. They are to be placed in the driver side rear window.

GRANDFRIENDS

We go over to Quail Springs United Methodist Church across the way and visit our little friends there. REMEMBER: These are the same children who come over here to entertain us with their singing at various times. There are infants who love to be rocked! There is no lifting. Just come and spend 45 minutes with these precious Grandfriends. They will remember you and the time they spend with you.

Grand  Friends



BE PREPARED TO LEAVE SHORTLY AFTER COFFEE WITH THE CEO EACH THURSDAY. IF INTERESTED IN GOING, PLEASE SIGN UP IN THE COUNT-ME-IN BOOK. For further information CALL NANCIE WEBB @748-6554.

COMMENT/SUGGESTION BOX



Do you have a suggestion, comment or concern that you would like to have addressed? Now you can! You may leave a note to be addressed in the **WHITE BOX** at the front desk for Laura Garrett. If at all possible you are asked to sign your name, but of course you can also remain anonymous. **PLEASE NOTE:** The box will still be where you leave information for Susan just as you have been doing.

VISUAL ARTS & CRAFTS AT EPWORTH

ART CORNER

(Second Floor above the Library)

We are very fortunate to have the space for all to participate in needle work, crafts and arts of all mediums (oil, acrylics, water, etc.).

Residents gather together on Thursdays at 1:00 pm and on Fridays at 10:00 am.

The Art Corner is always available for anyone to use for their own enjoyment.



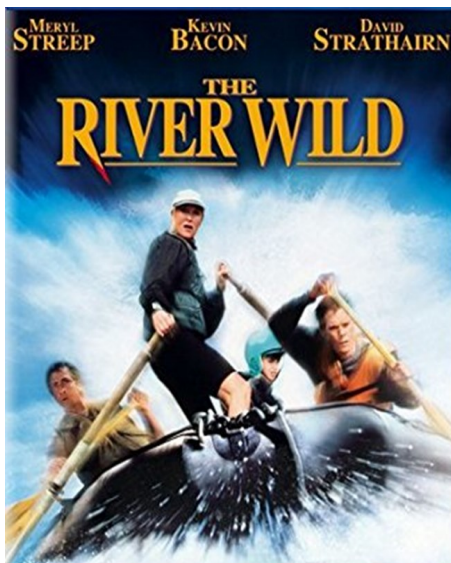
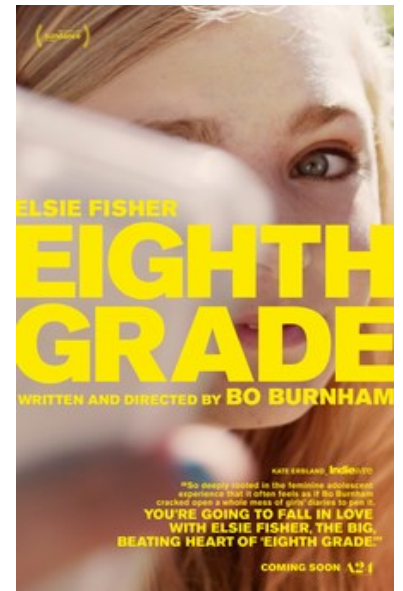
SATURDAY MATINEE MOVIE
(Shown in the 2nd Floor Theater)
SATURDAY, FEBRUARY 16TH
MATINEE @ 2:00 PM
2018

EIGHTH GRADE

Thirteen-year old Kayla endures the tidal wave of contemporary suburban adolescence as she makes her way through the last week of middle school – the end of her thus far disastrous eighth grade year – before she begins high school. This is a must see movie for adults who want to understand the suffocating social pressures generated by small moments that feel impossibly huge to young people attempting to negotiate a difficult world.

RATINGS: R 14+

RUN TIME 1hr 33min



EVTV MOVIE WILL BE SHOWN

On EVTV Channel 1960

SAT. 7:00 PM AND

WED. 8:00 PM

SAT., FEBRUARY 16TH

AND

WED., FEBRUARY 20TH

THE RIVER WILD

Fast-paced thriller in which a young family on a white-water rafting adventure in Montana are taken hostage by a pair of dangerous fugitives. The rafting holiday, a birthday gift for the New England couple's ten-year-old son, turns into a nightmare when the two armed killers take control and try to force the mother, a proficient rafter, to use her skills to help them escape down the treacherous rapids.

**OKLAHOMA CITY SYMPHONIC AND
OKLAHOMA YOUTH WINDS
COMBINED CONCERT WITH
GUEST ARTIST, BRIAN BALMAGES
TUESDAY, MARCH 5, 2019**

**LEAVE AT 6:30 PM; PROGRAM STARTS AT 7:30 PM
PETREE RECITAL HALL @ OCU**



With great pleasure, the Band announces their upcoming concert with the Oklahoma Youth Winds and Guest Artist and composer, Brian Balmages. The program will feature selections played by each ensemble with Mr. Balmages conducting several of his own pieces. The Oklahoma Youth Winds is made up of talented high school wind and percussion students, and provides them experience in musical preparation and performance. Dr. Matthew Mailman, Professor Conducting at OCU, will direct these talented teenagers during this program. You will remember him as the narrator of “The Night Before Christmas” and director of “Sleigh Ride” at our Christmas Concert. The band is excited to present this jam-packed concert for your listening pleasure!

If you are interested in attending the concert, please sign up in the ‘Count Me In’ book BY TUESDAY, MARCH 4th @ NOON. Transportation fee is \$6.00. It will be billed to your Epworth account.

****A minimum number of 8 individuals must sign-up to go in order for there to be transportation.***



U.S. NAVY BAND SEA CHANTERS

TUESDAY, MARCH 5TH, 2019

7:30 PM

FIRST PRESBYTERIAN CHURCH, OKLAHOMA CITY

LEAVE EPWORTH AT 6:30 PM

The Navy Band Sea Chanters is the United States Navy’s official chorus. The ensemble performs a variety of music ranging from traditional choral music, including sea chanteys and patriotic fare, to opera, Broadway, and contemporary music. Under the leadership of Senior Chief Musician Adam Tyler, the Sea Chanters perform for the public throughout the United States. At home in Washington, they perform for the president, vice president and numerous congressional, military and foreign dignitaries.

If you are interested in attending this concert, please sign up in the ‘Count Me In’ book at the desk by MONDAY, MARCH 4TH at NOON. Everyone going MUST HAVE A TICKET even though the program is FREE. The driver will have your ticket as you board the bus that evening. Transportation cost will be \$6.00 billed to your account.

****Minimum of 8 is needed to for transportation to be scheduled.***



SPRING 2019 GENERATIONS LEARNING TOGETHER

Intergenerational Project

Want to spend one day a week bonding with the younger generation? This is the event for you! Come join us in doing some fun activities with our young ones! You won't regret it!

If you are interested in joining us, please contact Dr. Glee Bertram: gbertram@uco.edu

***If we have enough interest in some of the dates, we can provide transportation for those wanting to go. See Susan if you would like to go and need transportation.**

**Intergenerational
Project**

**Older Adults
Welcomed!**

Arts and Crafts!

**Singing and
Dancing!**

**Quality Time
Spent!**

FIRST CHRISTIAN CHURCH

201 E. 2nd St.
Edmond, OK 73034

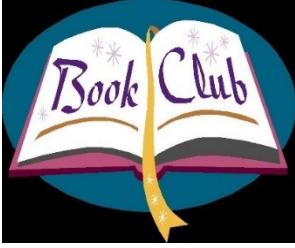

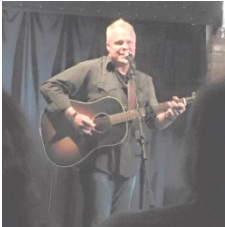


(405) 341-3544


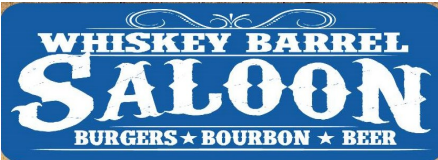
Tuesdays 10:00-11:00AM

January 29th, February 12th
and 26th, March 12th and
26th, and April 9th and 23rd

Epworth Villa Weekly Activities

Week of February 13 through February 20, 2019

<p style="text-align: center;">Wednesday February 13</p> 	<p style="text-align: center;">8:30 a.m. 9:00 9:45 10:00 Gathering 10:00 & Program 10:30 Leave @ 10:00 1:00 p.m. 1:30 8:00</p>	<p>Catholic Communion – BRILL CHAPEL Flex and Stretch – Wellness Center Limber Up – Wellness Studio Kids to Sing – Starting in Coffee Lounge Women’s Coffee – Redbud</p> <p>Grocery Shopping – CREST Tai Chi – Wellness Classroom Epworth Book Club – Joe White Living Room Movie – ETV Channel 1960, Replay</p>
<p style="text-align: center;">Thursday February 14</p> 	<p style="text-align: center;">9:00 a.m. 10:00</p> <p style="text-align: center;">10:45 1:00 p.m. 1:30 3:30 3:30 & 4:30</p> <p style="text-align: center;">4:45 – 7:00 7:00</p>	<p>Water Aerobics – Pool Coffee with the CEO & Beth Case – Coffee Lounge Chair Yoga – Wellness Classroom Art & Needlework Group – Art Corner Balance & Fall Prevention – Wellness Center Vespers Service – Brill Chapel IPhone/Computer Help – Resident Apartments Valentine Dinner - Redbud Vespers REPLAY – ETV Channel 1960</p>
<p style="text-align: center;">Friday February 15</p> 	<p style="text-align: center;">9:00 a.m. 9:30 10:00 Leave @ 10:00 10:00 10:30 1:00 p.m.</p> <p style="text-align: center;">7:00</p>	<p>Flex and Stretch – Wellness Center Line Dancing – Wellness Studio Art & Needlework Group – Art Corner Shopping – TARGET Basic Line Dancing Class – Wellness Studio Fitness on the Floors – 1 North New Resident Orientation – Joe White Living Room Matt Blagg – Grand Ballroom</p>
<p style="text-align: center;">Saturday February 16</p> 	<p style="text-align: center;">9:00 a.m. 10:00 10:45 2:00 p.m. 7:00 Leave @ 7:00</p>	<p>Tai Chi w/Kathy Plummer – Wellness Studio Flex and Stretch - Wellness Center Chair Yoga – Wellness Center Matinee Movie in the Theater Movie Night – ETV Channel 1960 Philharmonic-Civic Center</p>
<p style="text-align: center;">Sunday February 17</p> 	<p style="text-align: center;">9:30 a.m. 10:50 2:00 p.m.</p>	<p>Sunday School – Brill Chapel St. Luke’s Live Stream – Brill Chapel WINTER FILM FESTIVAL - Theater</p>

<p align="center">Monday February 18</p> 	<p>9:00 a.m. 9:30 10:15 11:00 2:00 p.m. 7:14</p>	<p>Flex and Stretch – Wellness Center Line Dancing – Wellness Studio Limber Up – Wellness Studio Golden Swans – Wellness Studio WINTER FILM FESTIVAL - Theater Inquiring Minds – Wellness Classroom</p>
<p align="center">Tuesday February 19</p> 	<p>9:00 a.m. 9:30 10:45 Leave @ 11:15 1:30 p.m.</p> <p>2:00 3:00</p>	<p>Water Aerobics – Pool EAH Blood Pressure Checks – Coffee Lounge Chair Yoga – Wellness Classroom Lunch out @ Whiskey Barrell Saloon Balance & Fall Prevention – Wellness Classroom WINTER FILM FESTIVAL – Theater HearingLife – South Classroom</p>
<p align="center">Wednesday February 20</p> 	<p>8:30 a.m. 9:00 9:45 Leave @ 10:00</p> <p>1:00 p.m. 2:00 3:00 8:00</p>	<p>Catholic Communion – BRILL CHAPEL Flex and Stretch – Wellness Center Limber Up – Wellness Studio Grocery Shopping – HOMELAND/UPTOWN GROCERY Tai Chi – Wellness Classroom WINTER FILM FESTIVAL – THEATER Gary Johnson – Joe White Living Room Movie – ETV Channel 1960, Replay</p>

Business Hours for Services Available at Epworth Villa

M – F	8:00 a.m. to 5:00 p.m. Closed 12:00 - 1:00 p.m.	Mercy Clinic is Open
M, W, F	9:00 a.m. to 3:00 p.m.	BancFirst is Open
M - F	1:00 p.m. to 3:00 p.m.	The Market is Open
M – F	3:00 p.m. to 5:00 p.m.	Thrifty Pharmacy is Open
DINING HOURS		
M – Sat.	7:00 a.m. – 2:00 p.m.	Café Open
M, F & Sat.	11:00 a.m. – 7:00 p.m.	Bistro Open
T, W, TH	11:00 a.m. – 3:45 p.m.	Bistro Open
1 st , 2 nd , & 3 rd Sun.	11:00 a.m. – 1:30 p.m.	Bistro Open
T – TH	4:45 -- 7:00 p.m.	Redbud Open
4 th Sun. of Month	11:00 a.m. – 1:30 p.m.	Redbud Open