EPWORTH VILLA HAPPENINGS…
Where you can
Get Involved, Get Going, Gain Knowledge

Vol. 5 Issue 45
Week of December 2, 2020

Editor: Susan Williams
Community Activities Coordinator

EDITION HIGHLIGHTS:

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GUITARIST EXTRAORDINAIRE

EDGAR CRUZ

FRIDAY, DECEMBER 4TH

3:00 PM

EVTV CHANNEL 1960

Tune in for an afternoon concert by acclaimed guitarist Edgar Cruz. Due to COVID, he will be coming to us LIVE from his studio here in Oklahoma City. If you've heard him before you know how he can make a guitar sing. He can play just about any song you request; it's hard to stump him.

Edgar Cruz performs more than 300 times a year and has played throughout America, Europe and South America. He has been a headliner at the prestigious Chet Atkins Guitar Festival every July in Nashville since 1995 and has been a strong icon at major art & music festivals in Oklahoma since the late 70's. Those who have witnessed Cruz's performance immediately become entranced at the precision, speed and complexity with which his fingers strike the strings of his guitar to create a symphony of sound unusual to just one instrument. Cruz has the largest repertoire in Oklahoma including but not limited to "Malagueña," "Classical Gas," "Bohemian Rhapsody," "Hotel California," Classical, 60's & 70's, Original and Latin/Spanish favorites and the largest Beatles selection available.

https://epworthvilla.org/communitylife/resident-calendar/

DECEMBER 2020 TRIVIA

"Remember, this December, that love weighs more than gold."

~ Josephine Dodge Daskam Bacon

Tree of the Month – Spruce

Spruce trees are a type of coniferous evergreen in the Pinaceae (or pine) family. These large trees grow up to an average of 60 to 200 feet tall. Spruce trees sport distinctive four-sided needles that are attached in a peg-like fashion to its branches.

They are used as Christmas trees, lumber, pulpwood (to make paper), and medicine. Fresh spruce shoots are an excellent source of vitamin C. In fact, Captain Cook used them to make spruce beer to prevent scurvy. Native Americans used spruce roots to weave baskets and bind birch bark for canoes. In Hopi legend, Salavi, a revered ancient chief, transformed himself into a spruce when he died, making the trees sacred.

Spruce trees are native to North America and thrive in temperate climates across the world. They can live to be around 200 years old. However, Old Tjikko, a Norway spruce located in Sweden, is thought to be the world's oldest living tree—at 9,550 years-old!

Special Days

Hanukkah Begins at Sundown
December 10

Winter Solstice
December 21

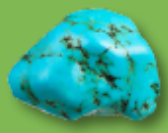
Christmas Day
December 25

Boxing Day
(UK and Canada)
December 26

Kwanzaa Begins
December 26

New Year's Eve
December 31

Birthstone – Turquoise



For thousands of years, turquoise has been considered a lucky gemstone. Legend has it that wearing the blue stone will bring material wealth and provide protection from an unnatural death. In ancient Persia, turquoise was often worn to ward off the "evil eye." As talismans, they adorned daggers, sabers, and the bridles of horses. If the gems changed color, the wearer feared the approach of doom. Today, we know that the stone can change color due to exposure to light, acidic compounds, dust, or other chemicals.

Flower – Narcissus

Narcissus, more commonly known as the daffodil, is a lovely yellow and white flower that usually blooms in springtime. Most believe that its name comes from the Greek myth of Narcissus, who was so taken by his own reflection in a pool of water that he fell in and drowned—and daffodils sprang up where he had sat. Since the narcissus was often used for a medicine, others believe that the name is derived from the Greek word narke, which means "numbness."

The Shortest Day

The winter solstice, on December 21, is the shortest day of the year in the northern hemisphere. However, that doesn't mean that it's a day where not much happens.

Literary Event

Phileas Fogg, the main character in Jules Verne's classic novel *Around the World in Eighty Days*, completed his fictional journey on December 21, 1872.

Solstice Weddings

December 21 is a popular day to tie the knot. Captain James Cook (1762), Girls Scouts founder Juliette Gordon Low (1886), actress Estelle Getty (1947), actress Ingrid Bergman (1958), Mountaineer Edmund Hillary (1989), actress Jane Fonda (1991 to businessman Ted Turner), and singer Elton John are among those that have said "I do" on this date.

Scientific Finding

Marie and Pierre Curie discovered radium on December 21, 1898.

Tragic Event

The terrorist bombing of Pan Am Flight 103, known as the Lockerbie bombing, happened on this day in 1988, killing 270.

Yule Time

Yuletide is synonymous with the Christmas season, but the term has its origins in Norse, Germanic, and Old English hunting and pagan traditions that took place in December around the winter solstice.

December Zodiacs

Sagittarius (The Archer)
December 1–21

Capricorn (The Sea Goat)
December 22–31

December is the month with the shortest daylight hours of the year in the northern hemisphere and the longest daylight hours of the year in the southern hemisphere. Its name comes from the Latin word *decem*, which means "ten." That's because the Roman year began in March, making December the tenth month of the Roman year. When January and February were added to the calendar, December became the twelfth month.

December World Weather

The average December temperature in Bangkok, Thailand, is 88°F; in Honolulu, Hawaii, 73°F; in Sydney, Australia, 72°F; and in Orlando, Florida, it is 74°F.

By contrast, the average temperature in Barrow, Alaska, is –21°F; in Oymyakon, Russia, –59°F; in Ulaanbaatar, Mongolia, –20°F; and in Fort Vermilion, Alberta, Canada, –4°F.

What's Lucky in December?

Lucky Color: Red
Lucky Animal: Reindeer
Lucky Letter: H
Lucky Day: Friday
Lucky Plant: Poinsettia

December Birthdays

Marie Tussaud (wax sculptor) – December 1, 1761
Lee Trevino (golfer) – December 1, 1939
Lucy Liu (actress) – December 2, 1968
Larry Bird (basketball legend) – December 7, 1956
James Thurber (author) – December 8, 1894
Sammy Davis Jr. (entertainer) – December 8, 1925
Donny Osmond (entertainer) – December 9, 1957
Kenneth Branagh (director) – December 10, 1960
Brenda Lee (singer) – December 11, 1944
Mary Todd Lincoln (first lady) – December 13, 1818
Ludwig van Beethoven (composer) – December 16, 1770
Betty Grable (actress) – December 18, 1916
Cicely Tyson (actress) – December 19, 1924
Gabby Douglas (gymnast) – December 31, 1995

TO THE POINT

WEDNESDAY, DECEMBER 2ND

2:00 PM

EVTV CHANNEL 1960

The next *To The Point* meeting will be held on Wednesday, December 2nd, at 2:00 pm on EVTV CHANNEL 1960. The meeting will be broadcast live on EVTV Channel 1960 and re-played that evening at 7:00 pm on EVTV Channel 1960.

*Since the December 2nd Resident Council meeting has been cancelled there will be no verbal Resident Association financial report. Copies of the November 2020 spreadsheet are located at the Concierge Desk for those of you who would like one. Please contact Sally L. with any questions or comments or if you weren't able to get a report and would like to have one. Please stay safe and (try to) embrace change!

PROJECT 21 CONCERT

"CHICKEN SCHNITZEL MELTDOWN"

DECEMBER 9TH

7:00 P.M.

EVTV CHANNEL 1960

Project 21 is a student-run organization of composition students in the Bass School of Music at Oklahoma City University. Project 21 is the name given to the group of students involved in the music composition department of Oklahoma City University.

Join these talented performers and composers from Oklahoma City University's Project 21 as they present a concert entitled "Chicken Schnitzel Meltdown"!

TREE OF LOVE

Each year at the beginning of the Christmas season, we pause to remember the loved ones we have lost this year, and also light a special "Tree of Love" outside the main entrance. Due to COVID restrictions, we will not be able to have a ceremony this year. However, our prayers go to those who have lost a loved one in the past year.

Here is a statement posted by the Trees of Love, grove of sharing on the wall near the chapel entrance:

The Trees of Love, Groves of Sharing are dedicated to the glory of God; to honor and remember Epworth Villa residents past, present and future; to benefit the Epworth Villa Benevolent Fund; to ensure that our neighbors in need within our community may live along with us always. Generous persons past, present and future energize the Trees of Love, Grove of Sharing with their gifts and make it possible to provide, in perpetuity, the financial resources necessary to follow through with this commitment to benevolent caring.

Merry Christmas to all!

Chaplain Dwight

The Epworth Resident Association is starting a new program to help you document your memories and publish them in a book. This book will be a valuable legacy for your friends, family, and future generations to learn about your life.

Residents wishing to participate will receive a notification once a week with a question for you to answer. This will continue for 39 weeks each Wednesday ending with the publication of your personal memory book in late fall of 2021.

It is easy to get started. Just answer this first question:

My earliest memories of childhood are.....

Then type your answer in an email and send it within one week to **EpworthVillaResidents@gmail.com.** If you do not have email, then just ask a friend or family member to send it for you.

The weekly questions will be emailed to active participants. Your responses to each week's question will be combined and published in a book. The cost is estimated to be about $35 for the bound book. Other formats will also be available including an electronic format that may be saved on a computer.

Thanks for the Memories

THE WINNER OF THE KENNEDY HALF DOLLAR AUCTION IS……..

Dale Durnell for $150.00

Congratulations Dale and thank you for supporting the Holiday Gift Fund.

SUNDAY SCHOOL
SUNDAY, DECEMBER 6TH
9:00 AM
EVTV CHANNEL 1960
"GOD AND HUMAN BEINGS"

Psalm 8:1-9

Purpose Statement: To explore what it means to be made in God's image.

Teacher: Tracy Wilson

VESPERS
THURSDAY, DECEMBER 3RD
3:30 PM
EVTV CHANNEL 1960

Vespers speaker will be Rev. Sam Powers- Senior Pastor, First United Methodist Church, Edmond.

VESPERS
THURSDAY, DECEMBER 10TH
3:30 PM
EVTV CHANNEL 1960

Vespers speaker will be Rev. Trey Witzel- Assoc. Pastor, First UMC, Edmond.

Wellness Center Weekly Class Schedule					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:15am-9:45am Flex & Stretch Lori EVTV	9:00am-9:30am SilverSneakers EVTV	9:15am-9:45am Flex & Stretch Lori EVTV	9:00am-9:30am SilverSneakers EVTV	9:00am-9:45am Flex & Stretch Lori EVTV	9:00am-9:30am Tai Chi EVTV
	10:30am-11:00am Chair Yoga EVTV Lori		10:30am-11:00am Chair Yoga EVTV Lori		
1:00pm-1:30pm Tai Chi EVTV Lori	1:00pm-1:30pm HasFit EVTV	1:00pm-1:30pm Tai Chi EVTV Lori	1:00pm-1:30pm HasFit EVTV		

FITNESS EQUIPMENT CHECK OUT

If you are interested in checking out fitness equipment to use in your apartment, stop by the classroom to check out what you need.

Be sure to PRINT your name, date as well marking what equipment you are checking out on the Check Out Sheet.

DINING CHANGE FOR INDEPENDENT LIVING RESIDENTS

FOR DAILY MEAL CARRY OUT:
Meal Pick Up will be in the REDBUD
Please come to the Redbud during your assigned Group Time ONLY.

***Your group number was listed at the top of the memo you received at your door on Thursday, November 19th.**

***Group A 10:45 a.m. to 11:30 a.m.**
***Group B 11:30 a.m. to 12:15 p.m.**
***Group C 12:15 p.m. to 1:00 p.m.**
***Group D 1:00 p.m. to 1:45 p.m.**

INFANT CRISIS THANKSGIVING COLLECTION

Infant Crisis Services, Inc.
No baby should go hungry

Many thanks to all who donated towards support of the Infant Crisis Organization. On November 30th we took the (tax deductible) sealed envelopes to the office of the organization. A member of their office staff opened the envelopes and totaled the amount. The donations from Epworth Villa residents totaled $665.00! We were told that was the equivalent of feeding 35 babies for one week. Again, many thanks to those folks who donated to the organization.

Mickie and Ed D.

PLEASE WEAR YOUR MASKS!!

MASKS are REQUIRED to be worn by ALL residents, staff, family members and caregivers when they are in the Epworth Villa Main Building.

The ONLY Exceptions Are:

***While participating in Exercise Classes**

***Exercising in the Pool**

***While Eating and/or Drinking**

***Within your own apartment or office (Residents ONLY. Family, caregivers and staff need to wear a mask when in resident apartments)**

Please help with reminding others you see who are not wearing a mask that they need to have one on. This requirement is for EVERYONE'S Health & Safety!

Do you have friends who might be interested in living at Epworth Villa?

Did you know that resident referrals make up almost 40% of new move-ins to retirement communities in the USA? We need your help! If you refer a friend to Epworth Villa and they decide to live here, you will receive a $2,500 credit toward your monthly service fee!

Just call the marketing office (405-753-9295) to give us contact information, or drop off the form below:

Name: _____

Address: _____

Phone: _____

(Your friend MUST be aware that we will be contacting them with more information about Epworth Villa.)

CELLIST DARIUSZ SKORACZEWSKI &

FLUTIST MARSHA MCHUGH

FRIDAY, DECEMBER 11TH

7:00 PM

VIRTUAL CONCERT ON EVTV CHANNEL 1960

Baltimore Symphony Orchestra's Principal Cellist **Dariusz Skoraczewski** has been described by Tim Smith of the Baltimore Sun as having "lush tone, expressive style and solid technique that have earned him admiration in a career that encompasses solo, chamber and orchestral music-making…" He has delighted audiences across the United States, Europe and Asia showcasing his artistry and virtuosic command of the cello. As a soloist he performed with numerous orchestras, including the National Philharmonic and the Baltimore Symphony Orchestra.

His diverse repertoire includes compositions from early Baroque to the present. His debut CD "Cello Populus" is an eclectic collection of contemporary solo pieces and includes works of Hindemith, Ligeti, Crumb, Penderecki, Saariaho and Lutosławski. Praised by Mike D. Brownell of AllMusic.com as "a truly exceptional album that leaves listeners eagerly waiting for another installment", the recording earned considerable attention to award Dariusz the prestigious Baker Artist Award in Baltimore in 2013.

As a recitalist and chamber musician, Dariusz has appeared in countless chamber music concerts including Chamber Music by Candlelight, An Die Musik, Keystone Korner, Music in the Valley, and The Spire Series in Baltimore as well as the Weill Hall, Barge Music Festival and Merkin Hall in New York City. He spends his summers performing at the Grand Teton Music Festival in Wyoming and Festival Mozaic in California.

Dariusz began his musical education at the age of six in Warsaw, Poland studying with Zbigniew Liebig and Andrzej Zieliński. As a scholarship recipient at the Peabody Conservatory of Music in Baltimore he studied with world-renowned cellist Stephen Kates.

Since 2011 he has held the Joseph and Rebecca Meyerhoff chair as the Principal Cellist of the Baltimore Symphony. Dariusz plays a 1702 Carlo Giuseppe Testore cello, generously on loan from Marin Alsop. This wonderful instrument allowed Dariusz

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CELLIST DARIUSZ SKORACZEWSKI & FLUTIST MARSHA MCHUGH (CONTINUED)

to successfully complete his biggest recording project yet: Bach's Cello Suites, which was released in the fall of 2017. Dave Seamann of the Fanfare Magazine said that Skoraczewski's Suites "present the best recorded sound of a cello I ever have heard."

Flutist Marcia McHugh became a member of the Baltimore Symphony Orchestra after performing with the orchestra during the 2005-2006 season as Second Flute. She was the BSO's acting piccolo player for the 2017-2018 season. With five concertos performed since joining the BSO, Ms. McHugh has also been featured in the BSO's annual New Music Festival chamber music concerts. She has performed with the National Symphony, Detroit Symphony, and most recently with the Cincinnati Symphony on their 3-week European tour in 2017 and March 2019 recording project. Before joining the BSO, Ms. McHugh was second flute and a soloist with the Omaha Symphony. Her solo performance of Leonard Bernstein's Halil was broadcast live on Nebraska radio.

Her flute, viola, and harp trio, Trio Sirènes, has performed throughout the East Coast including the Chamber Music by Candlelight Series, which she is the Co-Artistic Director. During the summer, Ms. McHugh performs chamber music and orchestra concerts at the Festival Mozaic in San Luis Obispo, California and the Grand Teton Music Festival in Jackson Hole, Wyoming. She graduated from Peabody Conservatory where she studied with Robert Willoughby and was awarded the Britton Johnson Memorial Flute Prize.

Look No Further! Fair Trade has the Answer!

Have you considered - -

- chefs use our dark chocolate bars to grate a topping on pies and cakes;
- chocolate bars go very well with any of our 14 coffees or 6 teas or 2 hot cocoa mixes;
- our 2 decaf coffees, 3 decaf teas, and two hot cocoas are the perfect drink for these cooler evenings;
- we have 9 types of bars from a milk chocolate to the 88% dark cocoa;
- gifts? The possibilities are almost endless! When you start combining some of the nine chocolate bars with the cocoas, teas, and coffees, you can please any taste! And you can build any price range basket!
- we do not have a limit on your purchase; in fact, if buying by the case you can get a discount;
- Do you want your recipient to know how their gift is helping others? We have PR articles that explain how much your purchase is appreciated - both by the growers and local charities.
- Completely stumped on what to give? We have a gift card, in any amount, for that person who prefers to pick out their own items.
- Don't want to go out and shop with the virus concerns? No problem! I can send you a listing, you choose what you want & let me know, you can leave your payment at the front desk (mark envelope "Coffee Guy") and I'll replace it with your purchase.

Your support makes a difference! Why not give gifts in good taste (even to yourself?) that help others?

Thank you to those of you buying during these unusual times! Call or text Dave at 405-443-7302 or email at fairtradeisright@gmail.com.

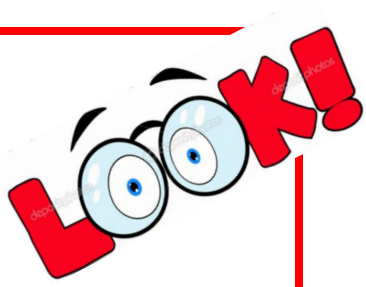
ATTENTION INDEPENDENT LIVING RESIDENT VOLUNTEERS

If you **volunteered for anything during the month of NOVEMBER**, you may **pick up a Volunteer Hour Log Sheet from Susan Williams.**

GROCERY SHOPPING FOR IL RESIDENTS

ON WEDNESDAYS ONLY

LIMIT OF 15 ITEMS PER SHOPPING DAY



Grocery shopping for residents is offered weekly on Wednesdays. This service will continue as long as we have residents wanting to utilize the service. The service cost is $35.00 per month, (billed to your Epworth Villa Account during the months you use the service only) PLUS the cost of your groceries which will be charged to your credit card on the day of the shopping or paid by cash that you, the resident, provides.

If you are interested in having us shop for you, please pick up a shopping list from the drivers' desk. After you have completed your list, place it back in the box at the concierge desk BY TUESDAYS at 3:00 pm. If you turn your list in after Tuesday at 3:00 pm, you will have to wait until the next week's shopping day to get your items. Please make sure your name and apartment number are on the form and take your credit card to Susan Williams by 9:00 am on Wednesday so shopping can be completed. *We must have the actual credit card to pay for your purchases if you are not using cash.

If you have questions about this procedure, please contact Susan Williams.

ALCOHOLIC BEVERAGE SHOPPING FRIDAY AFTERNOONS

If you are in need of alcoholic beverages, please see Susan Williams with your list and credit card/cash ON FRIDAYS BY NOON. We will be making a run to the store on Friday afternoon to make purchases and get items back to residents before the weekend.

NOTICE: The location that the driver will purchase your items is at his discretion. Please do not ask for driver to shop at stores of your choosing.

REMINDER: PLEASE WEAR YOUR NAME TAG

Due to the wearing of masks when residents and staff are out in the Community, people are not always easy to recognize. If everyone will make a point to wear their name tag, it will make it easier for everyone to know who we are.

ELEVATOR REMINDERS

Thank you for remembering to not over-crowd the elevators on campus and for wearing a mask while riding.

There should ONLY BE 2 residents at a time in ALL SMALL ELEVATORS around campus with both persons wearing a mask.

UP TO 4 residents may ride the LARGE ELEVATORS around campus at a time with all wearing a mask.

Residents with a SCOOTER are asked to please USE LARGE ELEVATORS only.

SAVE A TREE!!

If you want to save a tree, raise your hand. Want to know how??? If you have a computer or smart phone and get email, you can receive the Happenings by email weekly.

Help save time, paper and thus the world by opting into this option by letting Michele at the front desk know and she will add you to the distribution list.

Thank you to those who already receive the Happenings by email. You ROCK!!

PRESCRIPTION PICK UP AVAILABLE

If you are in Independent Living and need prescriptions picked up at a pharmacy off campus, please call or come by Susan Williams' office.

In order to pick prescriptions up she will need your date of birth and a form of payment.

CANCELLED ON MONDAYS UNTIL FURTHER NOTICE

TRANSPORTATION TO DOCTOR VISITS FOR INDEPENDENT LIVING RESIDENTS AVAILABLE

We are once again offering **Rides for our IL Residents to doctors' appointments only**. If you have a doctor's appointment coming up and need transportation, please call the transportation line at 486-1363 to leave a message. Charges will be applied for these rides. ***We are not taking residents to any other locations at this time.**

CAPTION CALL—USE THE PHONE WITH CONFIDENCE

Do you have a hard time hearing on the phone and need captioning to understand the other caller? Try CaptionCall! CaptionCall provides a service that displays captions of what callers say on a large, easy-to-read screen. If you have hearing loss and using captions would help you to use the phone more efficiently, you may be eligible for a system at no-cost to you.

If you are interested in learning more, contact Elizabeth Newell at 749-3512.

*SATURDAY MATINEE MOVIES ARE DISCONTINUED UNTIL FURTHER NOTICE

EVTV MOVIE WILL BE SHOWN
On EVTV Channel 1960

SAT. 7:00 PM AND WED. 8:00 PM

SAT., DECEMBER 5TH AND

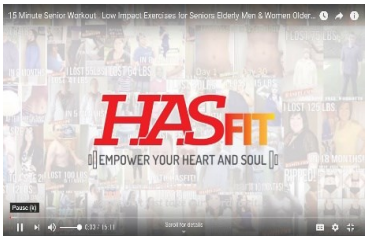
WED., DECEMBER 9TH

HUNTER KILLER

A U.S. submarine, the USS Tampa Bay, vanishes while shadowing a Russian Akula-class submarine in the Arctic. Rear Admiral John Fisk sends a Virginia-class submarine, the USS Arkansas, under the command of newly-promoted and unorthodox Commander Joe Glass to investigate. At the same time, a Navy SEAL team under the command of Lieutenant Bill Beaman is sent in to discreetly observe a Russian naval base. When they arrive at the naval base, they witness defense minister Dmitri Durov conducting a coup d'etat and taking Russian President Zakarin prisoner, and swiftly realize that Durov intends to trigger a war.

Epworth Villa Weekly Activities
Week of December 2, 2020 through December 9, 2020

Wednesday December 2 	**During the Day** 9:30 a.m. 11:00 a.m. 1:00 p.m. 2:00 p.m. 7:00 p.m. 8:00 p.m.	**Grocery Shopping for Residents** Flex & Stretch – EVTV Channel 1960 Ron Kelly Update – EVTV Channel 1960 Tai Chi – EVTV Channel 1960 To the Point – EVTV Channel 1960 To the Point (REPLAY) EVTV Channel 1960 Movie Night (REPLAY) EVTV Channel 1960
Thursday December 3 	9:00 a.m. 10:00 a.m. 10:30 a.m. 1:00 p.m. 3:30 p.m. 7:00 p.m.	Silver Sneakers – EVTV Channel 1960 Advent Bible Study – EVTV Channel 1960 Chair Yoga – EVTV Channel 1960 HasFit – EVTV Channel 1960 Vespers – EVTV Channel 1960 Vespers REPLAY – EVTV Channel 1960
Friday December 4 	**ALCOHOL ORDERS DUE BY NOON** 9:30 a.m. 11:00 a.m. & 2:00 p.m. **3:00 p.m.**	**Shopping in the Afternoon** Flex & Stretch – EVTV Channel 1960 Ron Kelly Update – EVTV Channel 1960 **Edgar Cruz – Virtual LIVE Concert – EVTV Channel 1960**
Saturday December 5 	9:00 a.m. **7:00 p.m.**	Tai Chi – EVTV Channel 1960 **Movie Night – EVTV Channel 1960**
Sunday December 6 	9:00 a.m. 10:50 a.m. 6:00 p.m.	Sunday School – EVTV CHANNEL 1960 St. Luke's Live Stream – EVTV CHANNEL 1960 Sunday School (REPLAY) EVTV Channel 1960

Monday December 7 	9:30 a.m. 11:00 a.m. & 2:00 p.m. 1:00 p.m.	Flex & Stretch – EVTV Channel 1960 Ron Kelly Update – EVTV Channel 1960 Tai Chi – EVTV Channel 1960
Tuesday December 8 	**GROCERY ORDERS DUE** 9:00 a.m. 10:30 a.m. 11:00 a.m. & 2:00 p.m. 1:00 p.m.	**For Wednesday Shopping** Silver Sneakers – EVTV Channel 1960 Chair Yoga – EVTV Channel 1960 Ron Kelly Update – EVTV Channel 1960 HasFit – EVTV Channel 1960
Wednesday December 9 Oklahoma City UNIVERSITY	**During the Day** 9:30 a.m. 11:00 a.m. & 2:00 p.m. 1:00 p.m. **7:00 p.m.** **8:00 p.m.**	**Grocery Shopping for Residents** Flex & Stretch – EVTV Channel 1960 Ron Kelly Update – EVTV Channel 1960 Tai Chi – EVTV Channel 1960 **OCU Project 21 Concert #3 – EVTV Channel 1960** **Movie Night (REPLAY) EVTV Channel 1960**

Business Hours for Services Available at Epworth Villa

M – F	**8:00 a.m. to 5:00 p.m. Closed 12:00 - 1:00 p.m.**	**Long Term Care Specialists Clinic is Open**
M, W, F	**9:00 a.m. to 3:00 p.m.**	**BancFirst is Open**
M - F	**1:00 p.m. to 3:00 p.m.**	**The Market is Open**
M – F	**3:00 p.m. to 5:00 p.m.**	**Thrifty Pharmacy is Open**
	DINING	
M - Sun	**Meal Pick Up During Assigned Group Time Starting @ 10:45 am**	**Pick Up in Redbud**
M - Sat	**7:00 am – 2:00 pm**	**CAFÉ (To Go Only)**