

EPWORTH VILLA HAPPENINGS...

Where you can
Get Involved, Get Going, Gain Knowledge

Vol. 6 Issue 16
Weeks of April 21, 2021

Editor: Susan Williams
Community Activities Coordinator

EDITION HIGHLIGHTS:

(click on event to go to that page)

National Jelly Bean Day.....3

Meteorologist Aaron Tuttle5

New Way to Dial Your Phone.....6

National Pretzel Day.....8

Meet Your Epworth Kitchen
Staff.....12

Market Volunteers Needed.....18



DR. DAVID COOK
PRINCIPAL CLARINETIST AND
EDUCATION DIRECTOR WITH
THE TULSA SYMPHONY
PRESENTS A VIRTUAL
CONCERT
FRIDAY, APRIL 23RD
7:00 PM
EVTV CHANNEL 1960

Dr. Cook is the principal clarinetist and education director with the Tulsa Symphony. He is also a member of the Tulsa Opera Orchestra and serves as a board member and musician with Tulsa Camerata. Previously Cook served for five years as Assistant Professor of Music (clarinet, saxophone) at the University of Arkansas – Fort Smith. He has performed in the clarinet sections of many notable orchestras including the Fort Smith Symphony, and the Oklahoma City Philharmonic.

He has appeared as soloist with orchestra and band on works by Mozart, Mendelssohn, Rimsky-Korsakov, and Corigliano, and most recently performed Aaron Copland's Clarinet Concerto with the Fort Smith Symphony

Dr. Cook earned his DMA from the University of Oklahoma as a Graduate Alumni Fellow. He also holds a BM from the University of North Texas, an MM from The Ohio State University, and a graduate certificate in orchestral studies from Wayne State University (Detroit, Michigan). Cook is a Selmer Paris Artist and performs on Privilege clarinets.

<https://epworthvilla.org/communitylife/resident-calendar/>



EPWORTH VILLA

A Life Plan Community



**THE WOMEN FOR
OSU VIRTUAL 2021 Symposium**
**Thursday, April 22,
10:00 a.m. to 11:45 a.m.**

This year's Virtual Symposium will be free and open to the public thanks to the generosity and support of our donors. **You'll need an access code to tune in to the livestream though.** Contact Susan Williams to receive the access code to long in with. We hope that you'll join us in celebrating the accomplishments of our incredible student scholars and Philanthropist of the Year!

Featuring Keynote Speaker Leigh Anne Tuohy

Motivational speaker and philanthropist

Leigh Anne inspires audiences to recognize the full potential of individuals in their community—and to find value in those who society has deemed valueless. She shares her personal “Blind Side” observations, from seeing Michael Oher for the first time to how the experience changed her as a person—and the Tuohys as a family.



“He had a much greater impact on our lives than we did on his life,” says Leigh Anne.

One of the country’s most sought after motivational speakers, Leigh Anne has given lectures to a broad spectrum of audiences from religious groups and town halls to some of the country’s largest corporations.



ART CORNER NEWS
(Second Floor above the Library)

Here at Epworth Villa, residents have space for all to participate in needle work, crafts and arts of all mediums (oil, acrylics, water color, etc.).

Come enjoy the amazing state of creativity **on Tuesdays at 2:30 pm in the Art Corner.** Residents meet, talk art, have a teaching session and work in the art medium of their choice.

As always, the Art Corner is available for anyone to use for their own enjoyment.

NATIONAL JELLY BEAN DAY

THURSDAY, APRIL 22ND

STOP BY THE COFFEE LOUNGE

TO GRAB YOU A BAG WHILE SUPPLIES LAST



If your favorite candy is the humble jelly bean, then April is your lucky month – and not just because of Easter. Did you know that jelly beans have their very own holiday in spring? Yep – National Jelly Bean Day happens every year about a week and a half after Easter.

Unlike some of the other sweets-themed holidays, you can celebrate throughout the year, the history of National Jelly Bean Day is pretty much a mystery. It may have been invented by candy manufacturers for promotional purposes, or by fans on social media, or for something else entirely.

Whatever the reason, jelly bean lovers can rejoice in April, and often pick up special offer items from jelly bean brands to celebrate.

Former President Ronald Reagan famously loved jelly beans – so much, in fact, that the Jelly Belly factory in Fairfield, California, has multiple exhibits dedicated to him, including portraits made entirely of jelly beans. The story goes that Reagan switched to jelly beans after quitting smoking. The president reportedly had jars of jelly beans on his desk and at official meetings.

Though we know jelly beans were a thing in America as early as the 1800s, there's no one confectioner we can credit with inventing them. However, many food historians trace the origins of jelly beans to two other unique treats: Jordan almonds and Turkish Delight. Jelly beans have a similar manufacturing process to that of Jordan almonds, called "panning," in which candy pieces are coated with sugary, sweet shells. As for the connection to Turkish Delight, both candies are gelatin-based chewy pieces with fruity or floral flavors.

According to National Geographic, Americans eat a whopping 16 billion jelly beans every Easter. The only candies Americans prefer more on Easter are chocolate bunnies (in first place) and marshmallow Peeps (in second).

Most agree that the association of jelly beans with Easter has to do with the egg-like shape of the candy beans.



UCO PIANISTS TO PERFORM

THURSDAY, APRIL 22ND

1:00 PM

JOE WHITE LIVING ROOM

Come enjoy music by some very talented pianists from the UCO School of Music.

WRITE GROUP

FRIDAY, APRIL 23RD

1:00 pm

NORTH CLASSROOM



The Write Group is will meet in the NORTH CLASSROOM Friday, April 23, at 1 p.m. They meet regularly on the 2nd and 4th Fridays of each month. Professor Rob Roensch of OCU will be with us.

The writing prompts for the meeting are:

- (1) Write about your reflections on some aspect of American history, or
- (2) Write about the last time your felt proud, either of yourself or someone else. Or write about anything else that you choose.

One question frequently asked: “Would I be welcome to just come and listen to the stories of others?” The answer is, “Of course.” The Write Group gives us a chance to hone our writing skills and to develop friendships.

Visitors are always welcome.

If you have questions , please call or text Burrel M., Coordinator, at (405) 659-5245. The email address is: b.ja.mcnaught@gmail.com

PUZZLES RE-ORGANIZED

The puzzles on the second floor by the windows overlooking the lobby have been organized and placed in three cabinets located in that area by number of pieces. Residents may borrow them to take back to their apartments or work on them at one of the tables located there.



Please try to keep the area tidy and put any puzzles you are through with back in the shelves you got them from.



**COME MEET METEOROLOGIST
AARON TUTTLE
FRIDAY, APRIL 23RD
2:00 PM
GRAND BALLROOM**

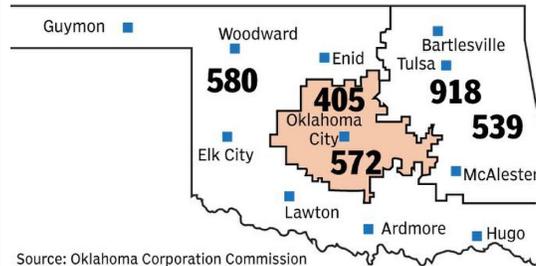


Aaron grew up with a fascination about the weather. As a young boy he would climb onto his roof to try and touch the clouds when a storm rolled in and get a good look at the skyline. Clearly he didn't have a fear of lightning at the time (being the tallest point is never a good idea). He would make sure he caught the latest forecast from the local weathermen on television just about every day, especially when it came to snow, as it was a rare occurrence in the DFW Metroplex. As he grew older he took his interest level to the next step and became a weather watcher for the KXAS NBC affiliate in Dallas TX. Being a part of the weather community really excited him and steered Aaron into wanting to become one of the weathermen that he often watched on television.

After high school Aaron chose to attend Texas A & M University where he earned his Bachelor's of Science degree in Meteorology. While at A&M Aaron helped create the meteorology department's website, was the first to create and display all of the available European model data over in the internet, maintained the TAMU Mesonet network, assisted in starting up the TAMSCAMS storm chasing organization as well as providing weather forecasts for the school newspaper. He was involved in several research projects including one called TEXACAL. In this project he would provide forecasts for operations and travel with other students and staff to sample the atmosphere with balloon soundings. It was during this time that he witnessed his first EF5 tornado and what it could do. At this same time, the meteorology department upgraded their Doppler radar which gave Aaron first-hand experience in building and operating. His passion for radar meteorology was born.

During his career, Aaron has worked for the local CBS station, KBTX, to do weather on the weekends while continuing to work at the university as a research technician after graduation. From there he went to MIT Lincoln Laboratories. The new job let him work on radar display software for air traffic controllers at the Bergstrom airport in Austin, TX. While at MIT a TV station, KTUL ABC in Tulsa, offered Aaron a job. A month after starting, the May 3rd 1999 tornado hit Oklahoma City and moved up the turnpike into the Tulsa area before dissipating. It was a strong sign that this is where he wanted to be. After two years in Tulsa he moved into the number one severe weather market in the country, Oklahoma City, and definitely got more than he bargained for. Floods, droughts, tornadoes, wild fires, and even a tropical storm kept him extremely busy over the next 7 years at the ABC affiliate. Channel 5 is also where he picked up his nickname 'AT' while anchoring the morning show in the early years. In 2005 Aaron helped drive the market in upgrading to new Doppler radar technology with the fastest scan time and the highest resolution, giving KOCO-TV an edge in tracking the exact location of tornadoes, even down to the house level in mere seconds.

Oklahoma area codes redefined



THE 405 SOON WILL BE THE 405/572 — 10-DIGIT DIALING BEGINS ON APRIL 24TH FOR 405 AREA CODE

To ensure a continuing supply of telephone numbers, the new 572 area code will be added to the area served by 405. Get ready to change the way you dial your local calls!

Who will be affected?

The 405 area code serves all or portions of 19 counties in the central part of the state which includes Oklahoma City, the state capital and state's most populous city. The new 572 area code will serve the same geographic area currently served by the existing 405 area code.

What will be the new dialing procedure?

To complete local calls, the new dialing procedure requires callers to dial area code + telephone number. This means that all calls in the 405 area code that are currently dialed with seven digits will need to be dialed using area code + telephone number. The same dialing procedure will apply to telephone numbers assigned to the new 572 area code.

When will the change begin?

Effective April 24, 2021, you must use the new dialing procedures, as described above for all calls. After this date, if you do not use the new dialing procedures, your calls will not be completed and a recording will instruct you to hang up and dial again.

Beginning May 24, 2021, new telephone lines or services may be assigned numbers using the new 572 area code.

What will you need to do?

In addition to changing your dialing procedures, all services, automatic dialing equipment, or other types of equipment that are programmed with a 7-digit number will need to be reprogrammed to use the new dialing procedures.

What will remain the same?

- ✦ Your telephone number, including current area code, will not change.
- ✦ The price of a call, coverage area, or other rates and services will not change.
- ✦ What is a local call now will remain a local call regardless of the number of digits dialed.
- ✦ You can still dial just three digits to reach 911.
- ✦ If 211, 311, 411, 511, 611, 711 or 811 are currently available in your community, you will still dial these codes with just three digits.

**GATHAN GRAHAM
RETURNS WITH HIS
'OLE TIME GOSPEL HOUR'
SUNDAY, APRIL 25TH
4:30 PM**



*Featuring Pianist Gathan Graham
Playing Your Favorite Hymns*

**Last Sunday of Every Month at 4:30pm (Brill Chapel)
Epworth Villa**

gathan graham
MUSIC INC.

www.gathangraham.com



NATIONAL PRETZEL DAY
MONDAY, APRIL 26TH
COME GRAB A BAG IN THE
COFFEE LOUNGE
WHILE SUPPLIES LAST



Most people would agree that there is something extra special about a pretzel! While, at first, it might seem like an average snack made of bread dough, it is so much more than that. The rich bready smell, the burst of salt in the mouth as the first bite is taken, and in some situations, the delicious flavor of cheese or another sauce that it can be dipped into.

Or, on the other end of the spectrum, there are those people who prefer the crunch of the kind of pretzels that can be purchased in a bag at the store. These crunchy little, salty snacks can be an amazing addition to any snack mix. Some might even say that they are the very foundation of sports gatherings everywhere.

Like all food-related holidays, starting with a little history of where the food came from is a great way to get to know the background of the day. The story of the pretzel is particularly fun, especially as it shares a theme with candy canes, which is another well-known favorite! (In fact, Candy Cane Pretzels, dusted with crushed candy canes—instead of salt—and glazed with frosting, are a great wintertime treat!).

Legend has it that, at some time during the Middle Ages, Catholic Monks were trying to figure out what to do with little bits of dough they had that were leftover after baking their loaves of bread. They didn't want to be wasteful. So, clever as they were, they came up with what is now known as the pretzel. The method included folding the dough into the shape of praying hands, or a knot that represented the Holy Trinity, depending on who happens to be telling the story at the moment.

Since that time, the pretzel has evolved into a much-loved treat that has seen many uses and varieties. Some of the more common ones include representing marriage (where the term 'tying the knot' came into prominence) and also into modern-day as a popular addition to concession stands at carnivals and events of all kinds.

The origin of the hard pretzel is a bit more recent and is among the ranks of other great accidental discoveries like the potato chip! Apparently, when a pretzel is left in the oven for a longer period of time, it will bake into a crisp and crunchy bit of deliciousness. The story goes that, when this happened, a baker was so pleasantly surprised with the result that he took the time to perfect the recipe. Now these crispy little treats are an extremely popular snack!



OKLAHOMA
Rehabilitation Services

“LIVING WITH VISION LOSS”

MONDAY, APRIL 26TH

2:00 PM

GRAND BALLROOM

Presented by Pam Holloway, Rehab Specialist

Okla. Dept. of Rehabilitation Services

Services for the Blind and Visually Impaired

Pam is a Rehab Specialist who helps people adjust to vision loss by teaching them independent living skills in the home or living center.

Come listen to Pam and find out what to do if you have low vision causing you to have difficulty in your environment!

WORK ORDER TRACKING

CHECKING ON YOUR OVERDUE WORK ORDERS

The steps for submitting your work orders are the same:

- * Call the front desk and report any problems with your apartment or cottage.
- * If you have more than one problem to report, they will go on separate work orders.
- * New to the work order submission system:
- * When the person answering at the front desk puts in your work order, they will ask if you want a copy of the work order.
- * If you want a copy, you can get a **printed** copy, or a copy **emailed to you**.
- * Note the due date on the work order; if the problem on the work order is not fixed by the due date then you can:
 1. Call 486-1394 and leave a message about your work order.
 2. Email workorder@epworthvilla.org



Information concerning your overdue work order will be reported back to you within 24 hours Monday to Thursday. Inquiries Friday to Sunday please allow time for the staff to retrieve your message or email and get back to you as quickly as possible.



INQUIRING MINDS
Will Return to Epworth
Monday, April 26th
7:14pm – 8:14pm
Wellness Classroom

All Independent Residents Are Welcome

III. The Impact of Walt Disney on the 20th Century and Beyond

Walt Disney's dreams grew as his daughters grew—and he could only watch as they rode amusement park rides without him. His imagination, then his innovation, and love of technology culminated in Disneyland—A park that entertained adults as well as children. He wanted to create a happy place for all. Walt described the new wave of artisans {Imagineers} needed: "Imagineering is the blending of creative imagination with technical know-how...Dream It, Do It!" Walt's legacy lives on in our culture today!

Moderator: Sonie Liebler



SUNDAY SCHOOL
SUNDAY, APRIL 25TH
9:00 AM
BRILL CHAPEL (IN PERSON) OR
EVTV CHANNEL 1960
“VESSELS FOR THE LORD”

2 Corinthians 4:7-18

Teacher: Dr. Jim West

Questions/Suggestions: *Contact Jo Ann M. --- 405-627-3073*



VESPERS
THURSDAY, APRIL 22ND
3:30 PM
EVTV CHANNEL 1960

Vespers speaker will Rev. Patricia “Tish” Malloy,
District Superintendent, Crossroads District
Oklahoma Annual Conference of the UMC.

VESPERS
THURSDAY, APRIL 29TH
3:30 PM
EVTV CHANNEL 1960

Vespers speaker will be Father Andy Johnson of All Souls
Episcopal Church





MEET YOUR EPWORTH VILLA KITCHEN STAFF

Again this week we continue to be introduced to the Epworth Kitchen Staff. Those employees that few people see because they work behind the scenes

helping to feed the residents and staff of Epworth on a daily basis. Next , let's meet.....

FRED WIGAND, UTILITY WORKER

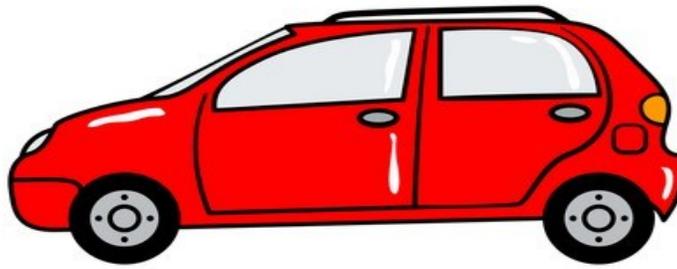
Fred has worked in the kitchen at Epworth for 28 years. During that time he has been a Cook's Helper and his current position, Utility Worker. As an Utility worker he is tasked with washing dishes, pots and pans, taking out the trash and delivering food to the households and assisted living.

Fred was born in Pennsylvania but he and his family moved to Oklahoma City in 1968 when he was 6 years old. His family consisted of his mom and dad, two sisters and three brothers, of which only his sisters are still living. He attended school at Wheeler Elementary, Truman 5th Grade Center, Capital Hill Middle School and graduated from Douglas High School in 1980.

He says that the reason he has stayed at Epworth Villa for so long is because of all the friendly people, his co-workers in the kitchen, and it certainly doesn't hurt that he gets a raise yearly.

The next time you see Fred out and about, thank him for everything he does!





EPWORTH VILLA TRANSPORTATION REMINDERS

- If you are in need of transportation by Epworth Villa, please call 486-1363 to make a reservation.
- This service is on a first come first serve basis.
- **Reservations *MUST BE MADE A MINIMUM OF 24 HOURS IN ADVANCE OF YOUR DRIVE.**
- When making a reservation, please leave your name, where you are going, time of the appointment, and whether you need a wheelchair and/or caregiver with you. Drivers will typically pick up the resident(s) 30 minutes before appointment time unless you are contacted otherwise.
- ***If you have a drive on Monday, a reservation needs to be made NO LATER THAN 2:00 PM on the FRIDAY before.** Since there is no one to schedule drives over the weekend, and if you call on the weekend for a Monday drive, your request will ONLY BE HONORED IF IT IS A TRUE EMERGENCY. Honoring Monday drive request made over the weekend are at the discretion of Epworth. Otherwise, you will need to find your own transportation. All drives are dispatched to the drivers, Monday through Friday by 4:00 pm for the following work day (Friday for Monday drives).
- NO DRIVES are scheduled on holidays or weekends.
- Drives requested the **DAY AFTER A HOLIDAY MUST BE BOOKED BY 3:00 PM ON THE LAST WORKING DAY PRIOR TO THE HOLIDAY.** If the holiday occurs on Monday and your drive is on Tuesday, IT MUST BE BOOKED BY 2:00 pm the Friday before. If a holiday falls during the week, reservations are needed prior to the holiday.
- All drives are assessed a fee dependent on the distance from Epworth Villa you are going. The fee is turned in and will appear on the resident's monthly bill. The only FREE DRIVES are Wednesday shopping at 10:00 am, Friday shopping at 10:00 am and first Tuesday of the month trip to Walgreens for Senior Day at 10:00 am.



TUESDAY, APRIL 27TH
11:00 AM
JOE WHITE LIVING ROOM

Smith Medical is BACK!!!

Technicians from Smith Medical will be here in the **Joe White Living Room on Tuesday, APRIL 27TH beginning at 11:00 am** to look at walkers and scooters for problems you may be having FREE of charge. If they find something that they cannot repair or fix while here, there may be a small charge for parts and to possibly take it back to their shop in Edmond.

So, if you are having trouble, just stop by the Joe White Living Room (NO NEED TO SIGN UP) starting at 11:00 am to visit with them. For more information visit:

<https://www.smeokc.com/>



WHO DOESN'T LIKE THE WIZARD OF OZ?
WELL HERE'S YOUR CHANCE TO WATCH
THE MUSICAL VIRTUALLY
TUESDAY, APRIL 27TH
7:00 PM
EVTV CHANNEL 1960

UCO PIANIST & VIOLINIST TO PERFORM
FRIDAY, APRIL 30TH
6:00 PM
JOE WHITE LIVING ROOM



Stop by on your way to dinner or back to listen to these talented music students from UCO.



BINGO WITH BILL RETURNS
FRIDAY, APRIL 30TH
7:15 PM
REDBUD ROOM

TORNADO SEASON

Occurs during the months of March – August

BUT TORNADOES CAN HAPPEN ANYTIME

Do you know where you are supposed to go?



***If you live on or are in the area of:**

1st Floor IL North, 2nd Floor IL North or 3rd Floor IL North

You will go to the Assisted Living Parking Garage.

Accessed by stairs or elevator at the far end of the IL North hallway (apartments 116-126) on the first floor.

***If you live on or are in the area of:**

1st Floor IL South, 2nd Floor IL South, 3rd Floor IL South or IL East-all floors

You will go to the IL East Parking Garage. Accessed by stairs or elevator in IL East hallway on the first floor.

***If you live in the Cottages/Duplexes**

Go to the closest underground Parking Garage.

Wellness Class Weekly Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:15am-8:45am Cycling (Classroom) Lori		8:15am-8:45am Cycling (Classroom) Lori			
9:00am-9:30am Flex & Stretch (Ballroom) Lori	9:00am-9:30am Water Aerobics (Pool) Lori	9:00am-9:30am Flex & Stretch (Ballroom) Lori	9:00am-9:30am Water Aerobics (Pool) Lori	9:00am-9:30am Flex & Stretch (Ballroom) Lori	9:00am-9:30am Tai Chi (Studio) Kathy
9:45am-10:15am Flex & Stretch (Ballroom) Lori		9:45am-10:15am Flex & Stretch (Ballroom) Lori		9:45am-10:15am Flex & Stretch (Ballroom) Lori	
9:30am-10:00am Line Dancing (Studio) Linda		9:45am-10:15am Limber UP! (Studio) Nancie		9:30am-10:00am Line Dancing (Studio) Linda	
10:15am-10:45am Limber UP! (Studio) Nancie	10:00am-10:30am PowerCircuit (Fitness Center) Lori		10:00am-10:30am PowerCircuit (Fitness Center) Lori		
10:30am-11:00am Golden HIIT (Classroom) Lori	10:45am-11:15am Chair Yoga (Classroom) Lori	10:15am-10:45am Cycling (Classroom) Lori	10:45am-11:15am Chair Yoga (Classroom) Lori	10:30am-11:00am Golden HIIT (Classroom) Lori	
	12:45pm-1:15pm BARRE (Classroom) Lori		12:45pm-1:15pm BARRE (Classroom) Lori		
		1:00pm-1:30pm Tai Chi (Classroom) Lori			
	1:30pm-2:00pm Balance (Fitness Center) Lori		1:30pm-2:00pm Balance (Fitness Center) Lori		

WALK TO JERUSALEM CHALLENGE RESULTS

Thank you to all those who participated in the Walk to Jerusalem Challenge! I hope everyone had a great time being active and accumulating miles. Together as a group we walked a total of.....

3628 miles!

We may not have met the goal of 6680 miles, but our miles landed us in a beautiful island in the Atlantic Ocean.

FLORES ISLAND!!!

Flores Island is an island of the Western group (Grupo Ocidental) of the Azores

Population: approximately 3907

Area: 54.45 Sq. mi

Native Name: Ilha das Flores

Nickname: The Yellow Island

Not a bad place to land! Congratulations to everyone and thank you for your effort!

Lori Love





**Sunday Evening Prayer to Resume
May 2, 5:00 p.m. in the Chapel.**

**A 30 minute service of singing, scripture,
prayer, and the eucharist.**

**The first Sunday of every month.
Let by Ginger and Wes Howl**

THE MARKET NEEDS YOU!!

The Market has an urgent need for volunteers to work two hours from 1-3 PM, once or twice a month. We have many newer residents to Epworth Villa who might be looking for a place to fit in and also to become acquainted with their neighbors. The Market is the ideal place to do both. This

past year has taken a toll on our faithful volunteers and we are in a position that unless we fill these vacant time slots, we will be forced to reduce our hours or shut our doors to those many residents who rely on The Market. Maggie V., our volunteer recruiter, would be happy to meet with individuals or a couple and provide instruction for as long as necessary to train for this position. She may be contacted at 752-9382.



Walgreens
Trusted since 1901™

**WALGREENS SENIOR DAY SHOPPING TRIP
TUESDAY, MAY 4TH
BUS LEAVES @ 10:00 AM**

Once again we are loading up to take IL residents to Walgreens for Senior Shopping Day. The APRIL SENIOR DAY is TUESDAY, MAY 4TH so that is the day we will be heading to Walgreens for our monthly trip. If you are interested in going, **please sign up in the 'Count Me In' book.**



ATTENTION INDEPENDENT LIVING RESIDENTS

If you are planning to visit people in Assisted Living and/or Health Services, you will need to follow these guidelines:

- 1) Have to be screened, answer two questions and have your temperature taken at the front desk or the Bill Atkinson gate.
- 2) Obtain and wear a visitor sticker with the date to prove that you have been screened.
- 3) Wear a mask at all times in Assisted Living and Health Services.
- 4) Have a specific location that you are going to visit—there should be no wandering around the public areas of the households and neighborhoods.
- 5) Visitation is from 10:00 am - 7:00 pm daily. Please do not make any visits outside of these hours.

Thank you for your attention to these guidelines.

WE ARE OPENING UP!!! WERE YOU VACCINATED???

For anyone that has not received a COVID Vaccine, we need you to know that you **MUST WEAR A MASK** while attending or participating in any events, activities, exercise classes, religious events, etc., for the protection of all.

If visitors are in a resident's apartment, and resident or visitor is fully vaccinated (2 weeks post final vaccine), they can visit in the resident apartment without a mask.

If no one is vaccinated, please wear a mask while in the apartment.

Thank You





SATURDAY MATINEE MOVIE

SATURDAY, APRIL 24TH

1:00 pm & 3:00 pm

Sign-Up Count-Me-In-Book

(Limit of 15 per showing)

BERNIE

Starring: Jack Black, Shirley MaLaine & Matthew McConaughey

Bernie Tiede, in his late 30's, and the elderly widow Nugent were inseparable traveling and lunching together until Bernie becomes weary of her constant demands for his attention. This black comedy is the true story of a well-liked Texas mortician who murders the sour widow he befriended.

Ratings: PG 13 Run time 1hr 30min

EVTV AT HOME

CHANNEL 1960

MOVIE WILL BE SHOWN

SATURDAY, APRIL 24TH AND

WEDNESDAY, APRIL 28TH

MOVIE TIMES ARE:

SATURDAY @ 7:00 PM &

WEDNESDAY @ 8:00 PM

THE ART OF RACING THE RAIN

Narrated by a witty and philosophical dog named Enzo. The story follows Denny Swift, a Formula One race car driver who understands that the techniques needed on the racetrack can also be used to successfully navigate everyday life. Besides his career, Denny has three loves of his life -- his beautiful wife Eve, their young daughter Zoe and his best friend, which is a dog that wants to be reincarnated into a human.



ALCOHOLIC BEVERAGE SHOPPING

GOING TO ONE TIME PER MONTH STARTING IN APRIL



Since Epworth Villa is beginning to open back up, we will only be doing Friday alcohol shopping for residents **ONCE A MONTH ON THE 1ST FRIDAY OF THE MONTH**. Plan now for what you might need on Friday, May 7th.



REMINDER: PLEASE WEAR YOUR NAME TAG

When residents and staff are out in the Community. If everyone will make a point to wear their name tag, it will make it easier for everyone to know who we are.

DID YOU KNOW THE FITNESS CENTER NEVER SLEEPS?

The fitness center is open 24 hours, 7 days a week!

If you can't sleep, head down to the fitness center for a relaxing workout that will surely put you to sleep when you return to your apartment. There is nothing like exercise to improve your sleep and get you relaxed!



HOLLERAN
COMMUNITY ENGAGEMENT RESEARCH & CONSULTING

It's that time of the year again. Starting the week of May 3rd watch for the 2021 Resident Engagement Survey in your email or by hardcopy in your box. This will be for all levels of care at Epworth Villa.



CLINIC VISITS REQUIRE A MASK



Please be aware that, if you need to go to the clinic here at Epworth Villa for any reason, **YOU MUST BE WEARING A MASK.** Otherwise you will be turned away.



Thank you for your understanding.

Dr. Ford



**LONG TERM CARE SPECIALISTS
CLINIC AT EPWORTH VILLA
RESIDENTS WILL BE SEEN IN
THE LONG TERM CARE
SPECIALISTS CLINIC BY
APPOINTMENT ONLY.
NO WALK-INS.**

If you feel you need to be seen or have questions about your prescriptions, please call the clinic at
(405) 486-1372.



**Save Paper.
Save Trees.
Save the World.**

SAVE A TREE!!

If you want to save a tree, raise your hand. Want to know how??? If you have a computer or smart phone and get email, you can receive the Happenings by

email weekly.

Help save time, paper and thus the world by opting into this option by letting Michele at the front desk know and she will add you to the distribution list.

Thank you to those who already receive the Happenings by email. You ROCK!!

**EPWORTH VILLA DINING
HOURS OF OPERATION**

**NO MORE RESERVATIONS NEEDED IN
DINING VENUES**

**CAFE
MONDAY - SATURDAY
7:00 AM - 2:00 PM
*CLOSED SUNDAY**

**BISTRO
MONDAY - SATURDAY
11:00 AM - 7:00 PM
*CLOSED 2:30 - 4:00 PM DAILY
*CLOSED SUNDAY**

**REDBUD
SUNDAYS ONLY
11:00 AM - 3:00 PM
*CLOSED MONDAY - SATURDAY**



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Epworth Villa Weekly Activities
Week of April 21, 2021 through April 28, 2021

<p align="center">Wednesday April 21</p> 	<p>8:15 a.m. 8:30 a.m. 9:00 a.m. 9:45 a.m. 9:45 a.m. Leaving @ 10:00 a.m. 10:15 a.m. 11:00 a.m. & 2:00 p.m. 1:00 p.m. 8:00 p.m.</p>	<p>Cycling Class – Wellness Classroom Catholic Communion – Brill Chapel Flex & Stretch #1– Grand Ballroom Flex & Stretch #2 – Grand Ballroom Limber Up! – Wellness Studio IL Grocery Shopping - Homeland Cycling Class – Wellness Classroom CEO Ron Kelly Update – EVTV Channel 1960 Tai Chi – Wellness Classroom Movie Night (REPLAY) EVTV Channel 1960</p>
<p align="center">Thursday April 22</p> 	<p>9:00 a.m. 10:00 a.m. 10:45 a.m. 11:00 & 2:00 p.m. 12:45 p.m. 1:00 p.m. 1:30 p.m. *3:30 p.m. *7:00 p.m.</p>	<p align="center">National Jelly Bean Day – Coffee Shop while supplies last</p> <p>Water Aerobics – Pool PowerCircuit – Wellness Center Chair Yoga – Wellness Classroom CEO Ron Kelly Update – EVTV Channel 1960 BARRE – Wellness Classroom UCO Pianist – Joe White Living Room Balance Class – Wellness Classroom Vespers -Chapel and on EVTV Channel 1960 Vespers REPLAY – EVTV Channel 1960</p> <p>*LIVE PROGRAMS & REPLAYS MAY NOT BE AVAILABLE ON EVTV CHANNEL 1960</p>
<p align="center">Friday April 23</p> 	<p>9:00 a.m. 9:45 a.m. 9:30 a.m. Leave at 10:00 a.m. 10:30 a.m. 11:00 a.m. & 2:00 p.m. 1:00 p.m. 2:00 p.m. 7:00 p.m.</p>	<p>Flex & Stretch #1– Grand Ballroom Flex & Stretch #2 – Grand Ballroom Line Dancing – Wellness Studio Shopping – Target Golden HIIT – Wellness Classroom CEO Ron Kelly Update – EVTV Channel 1960 Write Group – North Classroom Meteorologist Aaron Tuttle – Grand Ballroom Clarinetist David Cook – Virtual EVTV Channel 1960</p>
<p align="center">Saturday April 24</p> 	<p>9:00 a.m. 1:00 & 3:00 p.m. 7:00 p.m.</p>	<p>Tai Chi with Kathy - Wellness Studio Matinee Movie – Theater (Sign-up in ‘Count Me In’ Book) Movie Night – EVTV Channel 1960</p>

<p>Sunday April 25</p> 	<p>*8:45 a.m. 10:50 a.m. 4:30 p.m.</p> <p>*6:00 p.m.</p>	<p>Sunday School – EVT TV CHANNEL 1960 St. Luke’s Live Stream – Brill Chapel Gathan Graham ‘Ole Time Gospel’– Brill Chapel Sunday School (REPLAY) EVT TV Channel 1960</p> <p>*LIVE PROGRAMS & REPLAYS MAY NOT BE AVAILABLE ON EVT TV CHANNEL 1960</p>
<p>Monday April 26</p> 	<p>8:15 a.m. 9:00 a.m. 9:30 a.m. 9:45 a.m. 10:15 a.m. 10:30 a.m. 11:00 a.m. & 2:00 p.m. 2:00 p.m. 7:14 p.m.</p>	<p>National Pretzel Day – Coffee Lounge while supplies last</p> <p>Cycling Class – Wellness Classroom Flex & Stretch #1– Grand Ballroom Line Dancing – Wellness Studio Flex & Stretch #2 – Grand Ballroom Limber Up! – Wellness Studio Golden HIIT – Wellness Classroom CEO Ron Kelly Update – EVT TV Channel 1960 “Living with Vision Loss” – Grand Ballroom Inquiring Minds – Wellness Classroom</p>
<p>Tuesday April 27</p> 	<p>9:00 a.m. 10:00 a.m. 10:45 a.m. 11:00 p.m. 11:00 a.m. & 2:00 p.m. 12:45 p.m. 1:30 p.m. 2:30 p.m. 7:00 p.m.</p>	<p>Water Aerobics – Pool PowerCircuit – Wellness Center Chair Yoga – Wellness Classroom Smith Medical – Joe White Living Room CEO Ron Kelly Update – EVT TV Channel 1960 BARRE – Wellness Classroom Balance Class – Wellness Classroom Art Group – Art Corner Musical – Wizard of Oz – Virtual EVT TV Channel 1960</p>
<p>Wednesday April 28</p> 	<p>8:15 a.m. 8:30 a.m. 9:00 a.m. 9:45 a.m. Leaving @ 10:00 a.m. 10:15 a.m. 9:45 a.m. 11:00 a.m. & 2:00 p.m. 1:00 p.m. 8:00 p.m.</p>	<p>Cycling Class – Wellness Classroom Catholic Communion – Brill Chapel Flex & Stretch #1– Grand Ballroom Flex & Stretch #2 – Grand Ballroom IL Grocery Shopping – Aldi’s & Sprouts Cycling Class – Wellness Classroom Limber Up! – Wellness Studio CEO Ron Kelly Update – EVT TV Channel 1960 Tai Chi – Wellness Classroom Movie Night (REPLAY) EVT TV Channel 1960</p>

Business Hours for Services Available at Epworth Villa

M – F	8:00 a.m. to 5:00 p.m. Closed 12:00 - 1:00 p.m.	Long Term Care Specialists Clinic is Open
M, W, F	9:00 a.m. to 3:00 p.m.	BancFirst is Open
M - F	1:00 p.m. to 3:00 p.m.	The Market is Open
M – F	3:00 p.m. to 5:00 p.m.	Thrifty Pharmacy is Open
DINING		
M – Sat	11:00 am – 7:00 pm *CLOSED 2:30 – 4:00 pm	Bistro
Sunday	11:00 am – 3:00 pm	Redbud
M - Sat	7:00 am – 2:00 pm	CAFÉ

THANK YOU THANK YOU THANK YOU

You might have noticed a lady and her son working in the Memorial Garden just outside the Cafe'. That is Pattie Morris and her son, William. They are the daughter and grandson of Nancy W. Several years ago, Pattie designed the Memorial Garden as garden to attract butterflies. She bought and planted many varieties of plants and flowers which would attract butterflies. We had caterpillars which fed on some of the plants and many varieties of butterflies and bees visit the garden.



We appreciate the work that Pattie and her son are doing. If you happen to see them at work, please go out and let them know how much we residents appreciate their work. Pattie is doing this not only for our benefit but also she is working toward her Master Gardener certification.