

EPWORTH VILLA HAPPENINGS...

Where you can
Get Involved, Get Going, Gain Knowledge

Vol. 6 Issue 21
Weeks of May 26, 2021

Editor: Susan Williams
Community Activities Coordinator

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BINGO WITH BILL
FRIDAY, MAY 28TH
7:15 PM
REDBUD ROOM

FINANCIAL REVIEW

**2ND QUARTER RESIDENT FINANCIAL
REVIEW MEETING**
THURSDAY, MAY 27TH
10:00 AM
BOB MEDLEY GRAND BALLROOM

Starting at 10:00 am on Thursday, MAY 27th, instead of the usual CEO Coffee, all residents are invited to the Bob Medley GRAND BALLROOM for the quarterly RESIDENT FINANCIAL REVIEW MEETING. It will be replayed at 6:00 PM on EVT Channel 1960

NOTE: There will be NO REGULAR CEO COFFEE on this day.

<https://epworthvilla.org/communitylife/resident-calendar/>



EPWORTH VILLA

A Life Plan Community



**COME MEET METEOROLOGIST
AARON TUTTLE
WEDNESDAY, MAY 26TH
2:30 PM
GRAND BALLROOM**



Aaron grew up with a fascination about the weather. As a young boy he would climb onto his roof to try and touch the clouds when a storm rolled in and get a good look at the skyline. Clearly he didn't have a fear of lightning at the time (being the tallest point is never a good idea). He would make sure he caught the latest forecast from the local weathermen on television just about every day, especially when it came to snow, as it was a rare occurrence in the DFW Metroplex. As he grew older he took his interest level to the next step and became a weather watcher for the KXAS NBC affiliate in Dallas TX. Being a part of the weather community really excited him and steered Aaron into wanting to become one of the weathermen that he often watched on television.

After high school Aaron chose to attend Texas A & M University where he earned his Bachelor's of Science degree in Meteorology. While at A&M Aaron helped create the meteorology department's website, was the first to create and display all of the available European model data over in the internet, maintained the TAMU Mesonet network, assisted in starting up the TAMSCAMS storm chasing organization as well as providing weather forecasts for the school newspaper. He was involved in several research projects including one called TEXACAL. In this project he would provide forecasts for operations and travel with other students and staff to sample the atmosphere with balloon soundings. It was during this time that he witnessed his first EF5 tornado and what it could do. At this same time, the meteorology department upgraded their Doppler radar which gave Aaron first-hand experience in building and operating. His passion for radar meteorology was born.

During his career, Aaron has worked for the local CBS station, KBTX, to do weather on the weekends while continuing to work at the university as a research technician after graduation. From there he went to MIT Lincoln Laboratories. The new job let him work on radar display software for air traffic controllers at the Bergstrom airport in Austin, TX. While at MIT a TV station, KTUL ABC in Tulsa, offered Aaron a job. A month after starting, the May 3rd 1999 tornado hit Oklahoma City and moved up the turnpike into the Tulsa area before dissipating. It was a strong sign that this is where he wanted to be. After two years in Tulsa he moved into the number one severe weather market in the country, Oklahoma City, and definitely got more than he bargained for. Floods, droughts, tornadoes, wild fires, and even a tropical storm kept him extremely busy over the next 7 years at the ABC affiliate. Channel 5 is also where he picked up his nickname 'AT' while anchoring the morning show in the early years. In 2005 Aaron helped drive the market in upgrading to new Doppler radar technology with the fastest scan time and the highest resolution, giving KOCO-TV an edge in tracking the exact location of tornadoes, even down to the house level in mere seconds.



And let us not grow weary of doing good, for in due season we will reap, if we do not give up. – Galatians 6:9

SERVE AND CELEBRATE

Celebrate and put your faith into action by participating in the

MAY MISSION MONTH CELEBRATION!

Friday, May 28, 3-5 pm in the Redbud Room

There will be coffee, tea, and desserts, and you can ask those who have served as missionaries or worked in mission about their experiences. You can also join in making a difference in mission!

- ♦ **Assemble flood buckets** filled with cleaning supplies for those affected by floods, hurricanes, and tornadoes – locally and globally
- ♦ **Make cards of encouragement** for food pantry clients at Skyline Urban Ministry

WORSHIP AND LEARN

This week will feature:

- ♦ Vespers speaker **Rev. Valerie Steele** of Quail Springs UMC
- ♦ **Doli Jones** from the IL team sharing about her mission trip to Africa in a “mission moment” in Vespers
- ♦ **Elizabeth Geist** from Dining Services sharing about her mission trip experience to Peru in *The Messenger*

TOGETHER WE WILL MAKE A DIFFERENCE IN THE WORLD!

NO COFFEE WITH THE CEO IN THE COFFEE LOUNGE

THURSDAY, MAY 27TH

2ND QUARTER RESIDENT FINANCIAL REVIEW

**WILL BE HELD INSTEAD
IN GRAND BALLROOM**





*Featuring Pianist Gathan Graham
Playing Your Favorite Hymns*

**Last Sunday of Every Month at 4:30pm (Brill Chapel)
Epworth Villa**

gathan graham
OF 333 ST. GEE ST.
MUSIC INC.

www.gathangraham.com

**NEXT PROGRAM
SUNDAY, MAY 30TH
4:30 PM
BRILL CHAPEL**



DECORATION DAY TO MEMORIAL DAY

The Civil War, which ended in the spring of 1865, claimed more lives than any conflict in U.S. history and required the establishment of the country's first national cemeteries. By the late 1860s, Americans in various towns and cities had begun holding springtime tributes to these countless fallen soldiers, decorating their graves with flowers and reciting prayers. Some records show that one of the earliest Memorial Day commemorations was organized by a group of formerly enslaved people in Charleston, South Carolina less than a month after the Confederacy surrendered in 1865. Nevertheless, in 1966 the federal government declared Waterloo, New York, the official birthplace of Memorial Day.

On May 5, 1868, General John A. Logan, leader of an organization for Northern Civil War veterans, called for a nationwide day of remembrance later that month. "The 30th of May, 1868, is designated for the purpose of strewing with flowers, or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village and hamlet churchyard in the land," he proclaimed. The date of Decoration Day, as he called it, was chosen because it wasn't the anniversary of any particular battle.

On the first Decoration Day, General James Garfield made a speech at Arlington National Cemetery, and 5,000 participants decorated the graves of the 20,000 Civil War soldiers buried there. Many Northern states held similar commemorative events and reprised the tradition in subsequent years; by 1890 each one had made Decoration Day an official state holiday. Southern states, on the other hand, continued to honor their dead on separate days until after World War I.

Memorial Day, as Decoration Day gradually came to be known, originally honored only those lost while fighting in the Civil War. But during World War I the United States found itself embroiled in another major conflict, and the holiday evolved to commemorate American military personnel who died in all wars, including World War II, The Vietnam War, The Korean War and the wars in Iraq and Afghanistan.

For decades, Memorial Day continued to be observed on May 30, the date Logan had selected for the first Decoration Day. But in 1968 Congress passed the Uniform Monday Holiday Act, which established Memorial Day as the last Monday in May in order to create a three-day weekend for federal employees; the change went into effect in 1971. The same law also declared Memorial Day a federal holiday.



SERVICES CLOSED FOR MEMORIAL DAY

MONDAY, MAY 31ST

**BancFirst
Market**

**Thrifty Pharmacy
Long Term Care Clinic at Epworth**

INQUIRING MINDS

Monday, May 31st

7:14pm-8:14pm

Wellness Classroom



The Skeptics Guide to American History

Religious Toleration in Colonial America?

**Did Our Pilgrim Forefathers Come to
Establish Religious Freedom?**

Neither American nor Revolutionary

Should We Change the Name of the American Revolution?

Moderators: Walter Lambert & Mark Stoler



SENIOR SCAMS & HOW TO AVOID THEM

TUESDAY, JUNE 1ST

2:00 PM

GRAND BALLROOM

In this presentation, Agent Chris Culbreath of the Office of the Oklahoma Attorney General will provide statistics and current trends relating to scams and other fraudulent activities, which often target senior citizens in our community. In order to help educate our senior citizens and provide them with a defense against such schemes, Agent Culbreath will discuss some of the most common types of scams, and ways they can be avoided and reported to our office. This will include a discussion of our Consumer Protection Unit's Consumer Complaint procedure—we will provide contact information as well as describe the process of submitting a Consumer Complaint, either by mail or through the Attorney General's Website.



DO YOU HAVE AN EMAIL ADDRESS??

If you have an email addresses you would like to share with other IL residents through the IL residential telephone list, please let Michele at the front desk know so she can add your email to it for the next time it is published.

WALGREENS SENIOR DAY SHOPPING TRIP
TUESDAY, JUNE 1ST
BUS LEAVES @ 10:00 AM

Walgreens
Trusted since 1901™

Once again we are loading up to take IL residents to Walgreens for Senior Shopping Day. The JUNE SENIOR DAY is TUESDAY, JUNE 1ST so that is the day we will be heading to Walgreens for our monthly trip. If you are interested in going, **please sign up in the 'Count Me In' book.**



WRITE GROUP

FRIDAY, JUNE 4TH

(1st Friday due to Memorial Day)

1:00 pm

NORTH CLASSROOM

The Write Group will meet in the NORTH CLASS ROOM Friday, June 4, at 1 p.m.

*They meet regularly on the 2nd and 4th Fridays of each month but sometimes other Fridays. Watch Happenings for any changes in date that may occur. Professor Rob Roensch of OCU will be with us.

Prompts for next time: (1) Write about a time when you knew you were in love or (2) Write about a meaningful conversation.

The Write Group gives us a chance to hone our writing skills and to develop friendships. Visitors are always welcome.

If you have questions , please call or text Burrel M., Coordinator, at (405) 659-5245. The email address is: b.ja.mcnaught@gmail.com.

***During July and August they will ONLY MEET on the 2nd Friday of the month.**



RESIDENT COUNCIL
WEDNESDAY, JUNE 2ND

10:00 AM

***BRILL CHAPEL & ON ETVV CHANNEL 1960**

It is time once again for all Floor and Cottage Representatives, Standing Committee Chairmen and Interest Group Appointees to attend the monthly Resident Council Meeting. As a reminder, please come prepared to give your report and provide a written copy to the secretary to assure that an accurate account will appear in the Council minutes.

Thanks to all of you who are resident volunteers in the above mentioned positions. You make our Resident Association possible and successful.

TO THE POINT
WEDNESDAY, JUNE 2ND

2:00 PM

***BRILL CHAPEL**

REPLAY—7:00 PM ON ETVV CHANNEL 1960

The next *To The Point* meeting will be held on Wednesday, June 2nd, at 2:00 pm in the *Brill Chapel. The meeting will be broadcast live on ETVV Channel 1960 and re-played that evening at 7:00 pm on ETVV Channel 1960.

***Location is Subject to Change**



MARY MARTHA CIRCLE
JOIN US FOR FELLOWSHIP AND FUN ON
THURSDAY, JUNE 3RD AT 9:30 AM IN
THE NARTHEX AT
QUAIL SPRINGS UNITED METHODIST CHURCH.
ALL EPWORTH VILLA WOMEN WELCOME!

If you would like to attend but need transportation, call 405-748-5960.



EPWORTH VILLA IL RESIDENT PET POLICY

Below are some reminders for our IL pet owners. PLEASE NOTE: This is not the complete Pet Policy. For a complete copy of

the IL pet policy, please refer to your 2020 Resident Handbook.

Owning a pet at Epworth Villa is a privilege, not a right. Residents of Epworth Villa may have pets in accordance with the following guidelines:

- ✦ *Ensuring that the pet is appropriately and effectively restrained and under the control of a responsible individual while in the common areas of the community. Dogs and cats should either be on a halter leash or in a carrier. If on a leash in the building, pets should not be allowed to “roam” but should be on their way outside or on their way back to the owner’s apartment at the nearest exit to the apartment.*
- ✦ *Not leaving pets unattended in units for more than 24 hours, or, in the case of dogs, 12 hours. If an absence is expected to be longer, the resident should arrange for someone to check up on his/her pet and care for it as necessary. When there is reasonable cause to believe a pet is alone in a unit and either that pet is creating a disturbance or any other emergency situation appears to exist with respect to that pet, Epworth Villa may enter resident’s unit and make any necessary arrangements for the pet’s care, including removing the pet and placing it in a temporary home, such as a boarding kennel. Any costs incurred will be billed to the resident.*
- ✦ *Not leaving pets outside unattended. This would prohibit allowing cats to roam outside or leaving dogs unattended whether tethered, chained or in a fenced backyard.*
- ✦ *Keeping all areas where pets are housed clean, safe, and free of parasites, including fleas.*
- ✦ *Immediately picking up and disposing of in a sanitary manner all dog waste deposited on the street or grounds.*
- ✦ *Damages beyond normal wear and tear to apartments/duplexes or cottages caused by pets will be evaluated when the residence is vacated. The resident or their estate will be required to pay additional fees for the restoration of the residence to its original condition.*

(PET POLICY CONTINUED ON NEXT PAGE)

(PET POLICY CONTINUED)

- ✦ *Should the Independent Living Director find a resident unable to care for their pet any longer and it has become a safety hazard to the resident and/or pet, the pet will be asked to be rehomed. This includes but not limited to the animals urinating and pooping or vomiting on the carpet or furniture. If this has happened, the resident will be asked to pay for the replacement of their carpet for their safety.*
- ✦ *If a pet's waste has become a hazard for not only the resident but for the Epworth cleaning teammates, all apartment/cottage cleaning will be stopped until a solution has been decided by the Director of Independent Living.*
- ✦ *Residents who launder their pet cushions or bedding in the Epworth Villa laundry facilities will be required to: run the washer through an extra rinse cycle after removing the washed articles; followed by wiping the washer and agitator with a cloth soaked in white vinegar in order to remove pet hair. The resident will also be required to clean the lint filter on the dryer and wipe out the inside of the dryer with a cloth soaked in white vinegar.*
- ✦ *Dogs considered of average weight will be a guideline. Exceptions will be reviewed and approved by a Veterinarian and Epworth Villa Management.*
- ✦ *Resident pet owners will be required to place their pets in a cage, pet carrier or other restraint during all emergency drills; including tornado and fire, storm warnings which may require residents to evacuate their home to a safe area.*



IL RESIDENT CARNIVAL
INTRODUCING THE RESIDENTS WHO
MOVED IN DURING THE PANDEMIC
WEDNESDAY, JUNE 9TH
10:00 AM—12:00 PM

***COURTYARD ACROSS FROM THE BISTRO**

COME ONE, COME ALL! On June 9th at 10 am (rain or shine) in the courtyard the Independent Living team will transform the outdoor space into a carnival! **The Greatest HOME On Earth Carnival** will have games, food and fun from 10:00 am to 12:00 pm. Make sure to be in the courtyard area at 10:30 am for our resident introductions! Independent Living staff will be in the spirit in carnival costumes for your viewing enjoyment!

***Alternate location if bad weather will be the Grand Ballroom.**



GARDEN PARTY SOCIAL

THURSDAY, JUNE 3RD

11:00 AM

JOE WHITE LIVING ROOM

Calling all you plant lovers out there! Come to the Garden Party to share your most challenging plant problems and most successful outcome with a plant.

If you have any questions about the group, contact Fran T. at 8:00 am in the morning or 5:00 pm in the afternoon at 405-755-3344. Sign up in 'Count Me In' book BY NOON on June 2nd.



IT'S TIME AGAIN!

Your

CAREGIVER SUPPORT GROUP

***THURSDAY, JUNE 3RD**

1:00 - 2:00 PM

NORTH CLASSROOM

**WE COME BECAUSE
WE CARE!**

**PLEASE JOIN YOUR NEIGHBORS
FOR THIS
TIME OF CARING AND SHARING**

YOUR FACILITATOR,
Nancie W.

***The Caregiver Support Group Meets
on the First & Third Thursdays of each
month.**



SUNDAY SCHOOL
SUNDAY, MAY 30TH
9:00 AM
BRILL CHAPEL (IN PERSON)

“GOD IS LOVE”

1 John 4:7-21

Teacher: Burrel McNaught

“IN PERSON” SUNDAY SCHOOL is still a special treat! Fretta Moore helps set the mood via the Piano Prelude by @ 8:45 a.m.; Lesson @ 9:00 a.m. in Brill Chapel AND on EVTV Channel 1960. The lesson is re-played on EVTV at 6:00 p.m. Sunday.

Persons who have requested a Sunday School quarterly will receive the Summer edition on, or about, June 1. If you do not currently have a quarterly, and would like to receive one for the Summer quarter, please register on the sign-up sheet in the Chapel foyer.



VESPERS

THURSDAY, MAY 27TH

3:30 PM

EVTV CHANNEL 1960

Vespers speaker will be Rev. Valerie Steele,
Lead Pastor, Quail Springs United Methodist Church



VESPERS

THURSDAY, JUNE 3RD

3:30 PM

EVTV CHANNEL 1960

Vespers speaker will be Pastor Desi Sharp Brumit, Senior Pastor
of Goodrich Memorial United Methodist Church in Norman





MEET YOUR EPWORTH VILLA KITCHEN STAFF

Again this week we continue to be introduced to the Epworth Kitchen Staff, those employees that few people see because they work behind the scenes helping to feed the residents and staff of Epworth on a daily basis. Next, let's meet.....

OSCAR RODRIGUEZ, SALADS

Oscar has worked in the kitchen at Epworth Villa for 30 years. He started as a dishwasher, moved to salad bar, back to a dishwasher and has been back on salads and some cooking duties for the last six years. Oscar says that he stays at Epworth because he says it is a nice place to work and he likes the early morning shift.

Oscar and his family moved to America from Mexico in 1981 when he was 10 years old. They came to Oklahoma City where Oscar says he really grew up and graduated from Capitol Hill High School. He has been married to his wife Tracy, who is a nurse, for 32 years. They have one daughter, 31 years old, one son, 27 years old, and eight grandchildren.

He prides himself on keeping a clean work area. He loves his co-workers. They are like family he says. Sometimes they might 'get into it' but just like with a real family, the next day they are over it.

Oscar would like to thank the residents here at Epworth Villa for having him here for the last 30 years.





Holiday **GIFT FUND**

ABOVE & BEYOND.....

SARITHA TUNLEY

Who doesn't know the friendly smile of Saritha Tunley, housekeeper. I remember the first time she came to clean my cottage. She arrived a few minutes early on a warm and humid day. I heard singing and opened the door to find her sitting on a porch chair, singing a hymn as she rested from the walk. What a pleasant introduction to a new friend.

Saritha has lived in Oklahoma all her life. She has been married for 37 years, has 2 children and 7 grandchildren, ranging in ages 1 to 14. She and her husband belong to Joan's Chapel, COGIC. She feels very strongly about her faith and her relationship with God. She also values interacting with the residents of Epworth, some of whom she has known for years.

Saritha told me that she had been accepted for two other jobs before she visited Epworth. She felt God was calling her to come to this facility. She took the job and has been here for 14 years. Over those years, she has helped to train at least 25 new housekeepers. These individuals bring their own special talents to the job. In addition to cleaning the main building and apartments, these same workers journey out to the cottages. They arrive in all kinds of weather – thunderstorms, sleet, snow or ice.

Saritha likes to be busy. Due to the work ethic instilled in her by her parents, she believes you have to work for what you want in life. She felt the "calling to clean" and loves her job. She says the Holiday Gift Fund has been a real blessing to her. She and her husband use this extra money to buy presents for their 7 grandchildren. As she stated "those grand kids come first."

God bless you and your family, Saritha. We are happy you chose to work at Epworth.

Mary Ann H., Holiday Gift Committee



***KYLE DILLINGHAM
LIVE IN CONCERT
FRIDAY, JUNE 4TH
7:00 PM
GRAND BALLROOM**

Fellow Oklahoman, Kyle Dillingham, of Oklahoma City, started playing the violin when he was nine. While still in high school, Dillingham was featured twice on Nashville's Grand Ole Opry and had performed with legends Roy Clark and Hank Thompson. He later went on to receive his bachelor's degree in instrumental music performance from Oklahoma City University.

History was made in 2019 at the Grand Ole Opry with an unprecedented debut performance by Kyle Dillingham on a Dolly Parton skateboard! According to those who saw him that night he 'blew the roof off' the Opry House.

Dillingham has taken his music to 41 countries earning him the title of "Oklahoma's Musical Ambassador." He has performed for the King of Malaysia, the Princess of Thailand, Beijing Central Conservatory (broadcast on Chinese national television) and Singapore's National Day Celebration. Dillingham has also performed for many government leaders including the Japanese, Thai and Saudi Arabian Ambassadors as well as for many US Ambassadors while abroad.

"We were the first ever Americana/Country band to perform in the region of Gansu Province where we toured," said Dillingham. "We were also one of only four to be granted a meeting with Gansu Governor, Tang Renjian, representing our state with a letter from Governor Mary Fallin. Governor Tang gave us a hearty two thumbs up for his first-ever personal serenade we gave him during our official meeting! We were proud to represent the United States at the International Expo that was also attended by around 40 ministry-level lead delegations," said Dillingham.

Spring 2019, Dillingham and his band, Horseshoe Road, participated in the 2018-2019 American Music Abroad season, organized by The U.S. Department of State's Bureau of Educational and Cultural Affairs, and The Association of American Voices, with a tour through Kosovo and Kuwait. They were chosen as one of fifteen ensembles, standing out in an applicant pool of nearly 300 bands.

Continued on Next Page

(Kyle Dillingham Continued)

Kyle Dillingham & Horseshoe Road have also taken the stage with The Charlie Daniels Band, The Oak Ridge Boys, Roy Clark, Hank Thompson, Lee Greenwood, Vince Gill, Jimmy Webb, Toby Keith and Thailand's Pop Superstar, Tik Shiro, and has performed with the Taipei Symphony Orchestra, China's Lanzhou Symphony Orchestra and the Amici New York Symphony Orchestra, among others.

In 2018, they were one of the featured performers at the National Endowment for the Arts National Heritage Fellows Concert in Washington, DC, to honor their good friend and Fellow recipient, Manuel Cuevas. Cuevas has been attributed as being the man who put Johnny Cash in black.

"We were also selected for a coveted performance at the 2018 CMA Fest in Nashville, which was another highlight of our career", Dillingham said. "After our performance, we had the chance to play for Charley Pride in his dressing room at the Grand Ole Opry!"

***NOTE:**

Due to the limited seating in the ballroom, residents will need to **pick up a ticket** from Susan Williams **by Wednesday, June 2nd as long as tickets are still available** by that time. Once all tickets are distributed you may request to be placed on a waiting list. This **event is only for Independent Living residents. No residents from higher levels of care or family and friends of IL residents will be admitted unless there is space at 7:00 pm on June 4th. We also cannot accommodate friends and family of residents.**



REMINDER: PLEASE WEAR YOUR NAME TAG

When residents and staff are out in the Community. If everyone will make a point to wear their name tag, it will make it easier for everyone to know who we are.



ART CORNER NEWS (Second Floor above the Library)

Here at Epworth Villa, residents have space for all to participate in needle work, crafts and arts of all mediums (oil, acrylics, water color, etc.).

Come enjoy the amazing state of creativity **on Tuesdays at 2:30 pm in the Art Corner**. Residents meet, talk art, have a teaching session and work in the art medium of their choice.

As always, the Art Corner is available for anyone to use for their own enjoyment.

IN MEMORIAL:

A Memorial Service for former IL resident, Melvin M will be held on Thursday, May 27th at 1:00 pm at Ft. Sill National Cemetery in Lawton/Ft. Sill, Oklahoma. Anyone wishing to attend may do so.



MEN'S COFFEE GROUP TO BE REESTABLISHED:

The Men's Daily (except for Thursdays due to Coffee with the CEO) 10:00 am Coffee Group will be restarted in the Coffee Lounge beginning Tuesday, June 1st. Any men interested just need to show up.

Wellness Class Weekly Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:15am-8:45am Cycling (Classroom) Lori		8:15am-8:45am Cycling (Classroom) Lori			
9:00am-9:30am Flex & Stretch (Ballroom) Lori	9:00am-9:30am Water Aerobics (Pool) Lori	9:00am-9:30am Flex & Stretch (Ballroom) Lori	9:00am-9:30am Water Aerobics (Pool) Lori	9:00am-9:30am Flex & Stretch (Ballroom) Lori	9:00am-9:30am Tai Chi (Studio) Kathy
9:45am-10:15am Flex & Stretch (Ballroom) Lori		9:45am-10:15am Flex & Stretch (Ballroom) Lori		9:45am-10:15am Flex & Stretch (Ballroom) Lori	
9:30am-10:00am Line Dancing (Studio) Linda		9:45am-10:15am Limber UP! (Studio) Nancie		9:30am-10:00am Line Dancing (Studio) Linda	
10:15am-10:45am Limber UP! (Studio) Nancie	10:00am-10:30am PowerCircuit (Fitness Center) Lori		10:00am-10:30am PowerCircuit (Fitness Center) Lori		
10:30am-11:00am Golden HIIT (Classroom) Lori	10:45am-11:15am Chair Yoga (Classroom) Lori	10:15am-10:45am Cycling (Classroom) Lori	10:45am-11:15am Chair Yoga (Classroom) Lori	10:30am-11:00am Golden HIIT (Classroom) Lori	
	12:45pm-1:15pm BARRE (Classroom) Lori		12:45pm-1:15pm BARRE (Classroom) Lori		
		1:00pm-1:30pm Tai Chi (Classroom) Lori			
	1:30pm-2:00pm Balance (Fitness Center) Lori		1:30pm-2:00pm Balance (Fitness Center) Lori		

TORNADO SEASON

Occurs during the months of March – August
BUT TORNADOES CAN HAPPEN ANYTIME
Do you know where you are supposed to go?



***If you live on or are in the area of:**

1st Floor North, 2nd Floor North or 3rd Floor North

You will go to the Assisted Living Parking Garage. Accessed by stairs or elevator at the end of the Hall on First Floor

***If you live on or are in the area of:**

1st Floor South, 2nd Floor South, 3rd Floor South or I.L. East

You will go to the I.L. East Parking Garage. Accessed by stairs or elevator in East Hall.

OVERNIGHT GUEST NOW WELCOME IN INDEPENDENT LIVING:

We have now been given the green light to start reserving the three guest rooms for overnight stays. You may reserve by contacting the front desk.

Residents are also now able to have overnight guests in their apartments.

If you have any questions regarding these two changes, please contact Destiny Helms.





**Save Paper.
Save Trees.
Save the World.**

SAVE A TREE!!

If you want to save a tree, raise your hand. Want to know how??? If you have a computer or smart phone and get email, you can receive the Happenings by

email weekly.

Help save time, paper and thus the world by opting into this option by letting Michele at the front desk know and she will add you to the distribution list.

Thank you to those who already receive the Happenings by email. You ROCK!!

ALCOHOLIC BEVERAGE SHOPPING

FRIDAY, JUNE 4TH

Do you need your alcohol order picked up? We will offer a pick up service on Friday, June 4th.

Please have your order and form of payment to the drivers at the concierges desk **NO LATER THAN NOON** on the 4th.



SUNDAY EVENING WORSHIP SERVICE

SUNDAY, JUNE 6TH

5:00 PM

BRILL CHAPEL

CASINO TRIP TO RIVERWIND CASINO IN NORMAN

MONDAY, JUNE 7TH

LEAVE @ 9:30 AM

RETURN BY 3:30 PM

If you are interested in going to the Riverwind Casino in Norman with a great bunch of people, please sign up in the 'Count Me In' book. We must have at least 8 people to go. Cost will be \$8.00 for transportation which will be billed to your Epworth Villa account. Other costs will be the responsibility of each resident who goes that day.



11th Annual Memorial Service & Butterfly Release



Epworth Villa ~ Epworth at Home Hospice
Brill Chapel
Tuesday, June 8th
6:00 p.m.





SATURDAY MATINEE MOVIE

SATURDAY, MAY 29TH

1:00 pm & 3:00 pm

Academy Award Nominee

MINARI

This is a tender, sweeping story that follows a Korean-American family that moves to Arkansas (this film was actually made in Oklahoma) in search of their own American Dream. The family home changes completely with the arrival of their sly, foul-mothed, but incredibly loving grandmother. Facing the challenges of this new life, *Minari* shows the undeniable resilience of family and what really makes a home.

Rating: PG 13 Runtime: 1hr 55min

EVTV AT HOME

CHANNEL 1960

MOVIE WILL BE SHOWN
SATURDAY, MAY 29TH AND
WEDNESDAY, JUNE 2ND

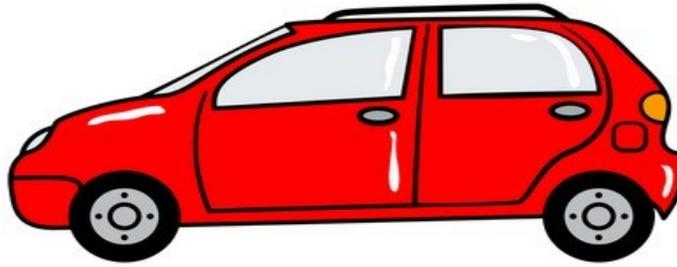
MOVIE TIMES ARE:

SATURDAY @ 7:00 PM &
WEDNESDAY @ 8:00 PM

ON GOLDEN POND



The loons are back again on Golden Pond and so are Norman Thayer, a retired professor, and Ethel who have had a summer cottage there since early in their marriage. This summer their daughter Chelsea -- whom they haven't seen for years -- feels she must be there for Norman's birthday. She and her fiance are on their way to Europe the next day but will be back in a couple of weeks to pick up the fiance's son. When she returns Chelsea is married and her stepson has the relationship with her father that she always wanted. Will father and daughter be able to communicate at last?



EPWORTH VILLA TRANSPORTATION REMINDERS

- If you are in need of transportation by Epworth Villa, please call 486-1363 to make a reservation.
- This service is on a first come first serve basis.
- **Reservations *MUST BE MADE A MINIMUM OF 24 HOURS IN ADVANCE OF YOUR DRIVE.**
- When making a reservation, please leave your name, where you are going, time of the appointment, and whether you need a wheelchair and/or caregiver with you. Drivers will typically pick up the resident(s) 30 minutes before appointment time unless you are contacted otherwise.
- ***If you have a drive on Monday, a reservation needs to be made NO LATER THAN 2:00 PM on the FRIDAY before.** Since there is no one to schedule drives over the weekend, and if you call on the weekend for a Monday drive, your request will ONLY BE HONORED IF IT IS A TRUE EMERGENCY. Honoring Monday drive request made over the weekend are at the discretion of Epworth. Otherwise, you will need to find your own transportation. All drives are dispatched to the drivers, Monday through Friday by 4:00 pm for the following work day (Friday for Monday drives).
- NO DRIVES are scheduled on holidays or weekends.
- Drives requested the **DAY AFTER A HOLIDAY MUST BE BOOKED BY 3:00 PM ON THE LAST WORKING DAY PRIOR TO THE HOLIDAY.** If the holiday occurs on Monday and your drive is on Tuesday, IT MUST BE BOOKED BY 2:00 pm the Friday before. If a holiday falls during the week, reservations are needed prior to the holiday.
- All drives are assessed a fee dependent on the distance from Epworth Villa you are going. The fee is turned in and will appear on the resident's monthly bill. The only FREE DRIVES are Wednesday shopping at 10:00 am, Friday shopping at 10:00 am and first Tuesday of the month trip to Walgreens for Senior Day at 10:00 am.



CLINIC VISITS REQUIRE A MASK



Please be aware that, if you need to go to the clinic here at Epworth Villa for any reason, **YOU MUST BE WEARING A MASK**. Otherwise you will be turned away.



Thank you for your understanding.

Dr. Ford



**LONG TERM CARE SPECIALISTS
CLINIC AT EPWORTH VILLA
RESIDENTS WILL BE SEEN IN
THE LONG TERM CARE
SPECIALISTS CLINIC BY
APPOINTMENT ONLY.
NO WALK-INS.**

If you feel you need to be seen or have questions about your prescriptions, please call the clinic at
(405) 486-1372.

Epworth Villa Weekly Activities
Week of May 19, 2021 through May 26, 2021

Wednesday
May 26



8:15 a.m.
 8:30 a.m.
 9:00 a.m.
 9:45 a.m.
 9:45 a.m.
Leaving @ 10:00 a.m.

 10:15 a.m.
 11:00 a.m. & 2:00 p.m.
 1:00 p.m.
2:30 p.m.
 8:00 p.m.

Cycling Class – Wellness Classroom
 Catholic Communion – Brill Chapel
 Flex & Stretch #1– Grand Ballroom
 Flex & Stretch #2 – Grand Ballroom
 Limber Up! – Wellness Studio
IL Grocery Shopping – WALMART MARKET/BRAUM’S
 Cycling Class – Wellness Classroom
 CEO Ron Kelly Update– EVT Channel 1960
 Tai Chi – Wellness Classroom
Meteorologist Aaron Tuttle – Grand Ballroom
 Movie Night (REPLAY) EVT Channel 1960

Thursday
May 27



9:00 a.m.
 10:00 a.m.
10:00 a.m.

 10:45 a.m.
 12:45 p.m.
 1:00 p.m.
 1:30 p.m.
***3:30 p.m.**
 6:00 p.m.

 *7:00 p.m.

Water Aerobics – Pool
 PowerCircuit – Wellness Center
2nd Quarterly Resident Financial Review – Grand Ballroom LIVE or On EVT Channel 1960 @ 6:00 p.m.
 Chair Yoga – Wellness Classroom
 BARRE – Wellness Classroom
 Needlework Group – Art Corner
 Balance Class – Wellness Classroom
Vespers -Chapel and on EVT Channel 1960
Quarterly Financial Review (REPLAY) on EVT Channel 1960
 Vespers REPLAY – EVT Channel 1960

***LIVE PROGRAMS & REPLAYS MAY NOT BE AVAILABLE ON EVT Channel 1960**

Friday
May 28



9:00 a.m.
 9:30 a.m.
 9:45 a.m.
Leave at 11:00 a.m.
 10:30 a.m.
 11:00 a.m. & 2:00 p.m.
3:00 p.m.
7:15 p.m.

Flex & Stretch #1– Grand Ballroom
 Line Dancing – Wellness Studio
 Flex & Stretch #2 – Grand Ballroom
Shopping – Quail Springs Mall
 Golden HIIT – Wellness Classroom
 CEO Ron Kelly Update – EVT Channel 1960
Mission Event – Flood Buckets - Redbud
BINGO with Bill - Redbud

Business Hours for Services Available at Epworth Villa

M – F	8:00 a.m. to 5:00 p.m. Closed 12:00 - 1:00 p.m.	Long Term Care Specialists Clinic is Open
M, W, F	9:00 a.m. to 3:00 p.m.	BancFirst is Open
M - F	1:00 p.m. to 3:00 p.m.	The Market is Open
M – F	3:00 p.m. to 5:00 p.m.	Thrifty Pharmacy is Open
DINING		
M – Sat	11:00 am – 7:00 pm *CLOSED 2:30 – 4:00 pm	Bistro Outside visitors allowed Monday – Saturday 12:30pm – 2:30pm
Sun	11:00 am—2:00 pm BUFFET ONLY	Bistro Outside visitors allowed Sunday 12:30pm – 2:00pm
M - Sat	7:00 am – 2:00 pm	CAFÉ



Banking made Easy

-  **Personalized service from your banker, Anita Rucker**
Mon-Wed-Fri | 9am-3pm
-  **On-site 24 hour ATM**
-  **Safe Deposit Boxes**
-  **Debit Card with Rewards**
-  **Trust Services & Estate Planning**
-  **Loyalty Checking \$5/month**
 - Cell Phone Protection for damage or theft
 - 24 Hour Emergency Roadside Assistance
 - \$20,000 Accidental Death & Dismemberment (AD&D) Insurance
 - WellCard Rx - Health Discounts*

*This is not health insurance. \$100 minimum opening deposit. Complete disclosures available at any BancFirst office.

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